

PRESIDIO SENTINEL

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An Exclusive Installation Commemorating Spider-Man's 60th Anniversary

See article on page 2



Digital Copy



Super Viking Science Night at
St. Vincent de Paul School

3



"United by Sport" Mural Features
Two San Diego Baseball Legends

6



Mormon Battalion Historic Site
Annual Flag Day Celebration

9



Mission Hills Red Bungalow

11



San Diego Teens Solving the City's Biggest Problems 3



Ways to Help Aging Relatives Manage Their Finances 4



Balboa Park Extends Hours and Celebrates 100th Anniversary 7



Cygnet Theatre Presents "Cabaret" 10



San Diego Zoo Welcomes Birth of Endangered Species 5



Cocktails for a Cause Raises Much Needed Funds 14



Little Italy is Alive with Summer Activity 13



Birch Aquarium Presents Opening Date for Little Blue Penguins 15

Featured Stories Featured Events

The Power of Collaboration with the Spirit of the Community

By Patty Ducey-Brooks



It is my belief that as Americans we are given the opportunity to use our skills and talents to make a difference, and that through the power of collaboration and the spirit of community, we can create viable solutions in our lifetime.

That is something that I truly believe is possible.

With the celebration of 4th of July, we strive to remember the challenges and successes we have experienced as Americans. Every day I am honored and amazed to see the efforts of many individuals who have overcome monumental hurdles and worked in harmony with others to create great outcomes.

Historians share this with us that our forefathers (and sisters) made great sacrifices and accomplishments by dedicating their time, resources, skills, and talents to do "right" for a mutual cause, one that is in concert with all entities.

As we look at our world today, we can learn much from those who came before us, especially when we appreciate that collaboration was critical to the process and was met with a united and unified approach.

Unfortunately, as we are constantly reminded of a "housing crisis," it's fact that we are not looking at the whole



picture and not addressing those who have housing yet are facing an extremely serious situation. This past week, I learned of the following, which is distressful and shouldn't be ignored.

State leaders are allowing eviction protections to expire on June 30 for tens of thousands of families who have applied for California's Emergency Rental Assistance Program (ERAP), and still await a response, appeal, or payment. A recent report from the National Equity Atlas, Western Center on Law & Poverty, and Housing Now! found that more than 106,654 applicants are still waiting for their applications to be reviewed while

one in three applicants had already received eviction notices at the time of application.

Earlier in June community-based organizations, Alliance of Californians for Community Empowerment (ACCE) Action, Strategic Actions for a Just Economy (SAJE) and PolicyLink, filed a lawsuit against the Department of Housing and Community Development (HCD) for administering ERAP in a way that is opaque, denies applicants due process upon denial, and disproportionately harms tenants on the basis of race, color, and national origin. A prior lawsuit filed in May against HCD says the state also failed to provide the full amount of

rental assistance intended by the law establishing the state's ERAP, putting tenants at increased risk of eviction and homelessness.

In light of the economically devastating pandemic and failures of ERAP leaving thousands of families still at risk for displacement, renters across the state are organizing and calling on local elected officials to pass needed permanent tenant protections to stymie the growing housing crisis that has disproportionately affected communities of color and the working poor. In cities such as Fresno and Pasadena, community leaders are organizing campaigns for Rent Control and Just Cause Ordinances, while others, such as Los Angeles and Concord are championing a Tenant Bill of Rights, which will require landlords to maintain livable, healthy standards for their tenants.

As we consider what has taken place, we should ask ourselves, "Why is this happening when we hear from our elected officials that there is a housing crisis? Should this not be a priority?"

What we also need to ask ourselves is who among our elected officials is seeking to address these issues and provide a collaborative process to our housing situation in California?

If we don't, we will continue to do the opposite of creating a comprehensive plan that addresses all of the issues with logic, rational and with the spirit of the community as a priority.

An Exclusive Installation Commemorating Spider-Man's 60th Anniversary

Marvel's Spider-Man: Beyond Amazing – The Exhibition will be a new significant installation at the Comic-Con Museum celebrating Marvel's friendly neighborhood Super Hero's 60th anniversary. The installation debuts on July 1 with advanced tickets on sale now.

Spider-Man: Beyond Amazing —The Exhibition invites visitors to explore interactive installations, discover an extensive collection of priceless Marvel artifacts from the past six decades, including original comic art, animation materials, and film production elements celebrating the web-slinger's rich legacy. They will learn about the many creators who have contributed to the Spider-Man mythos and get a look into the future of the world's favorite super hero.

In an effort to reduce the possibility of having to wait in long lines, Comic-Con Museum and Fever have initiated a timed ticketing system that will allow a limited number of visitors into the museum at particular times. This will have the added benefit of preventing overcrowding and allowing visitors to view all the museum has to offer in a more relaxed atmosphere.

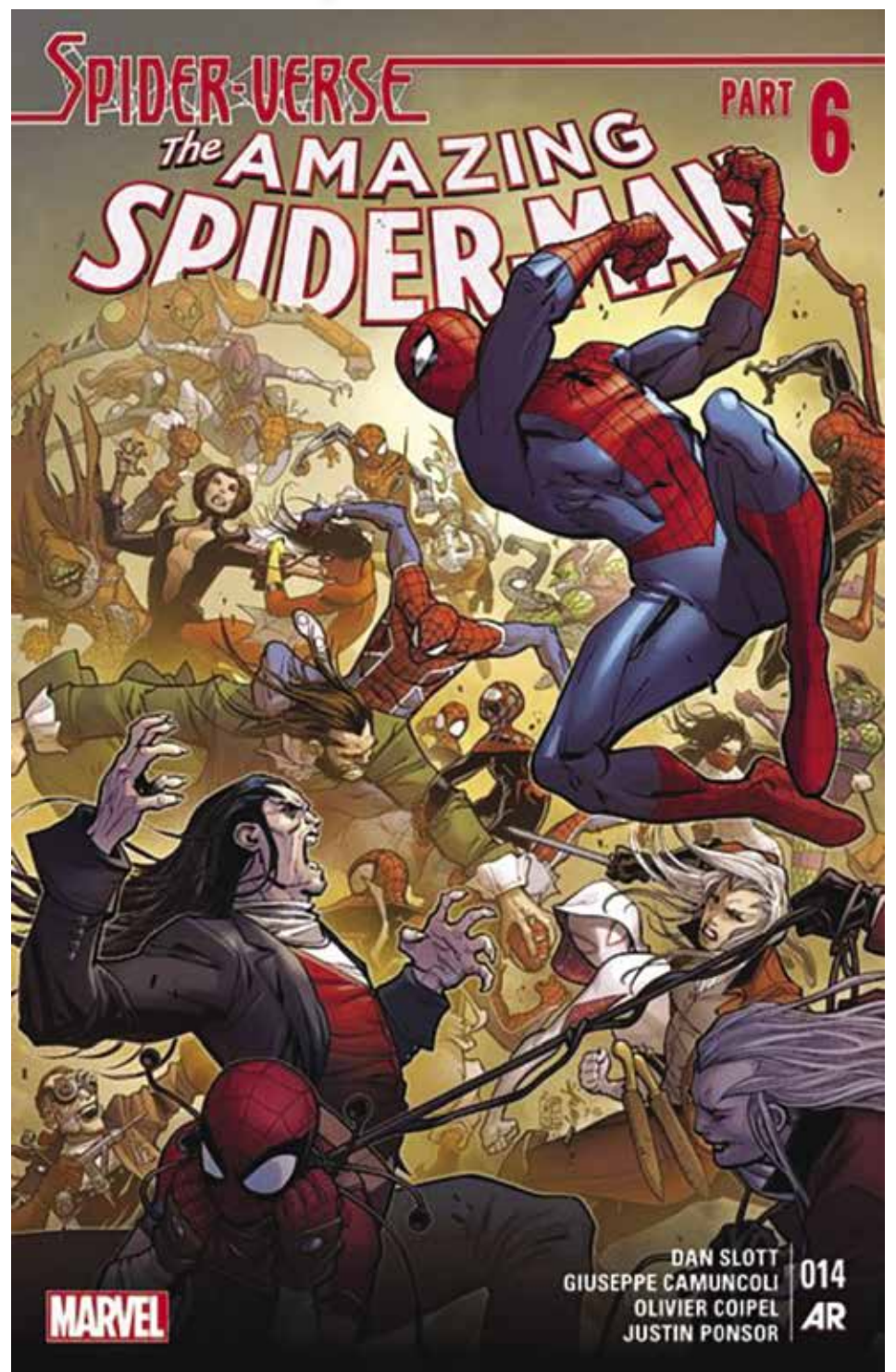
Tickets are first come first served and only a select number are available each day. Please visit beyondamazingexhibition.com for the latest ticketing information.

Spider-Man: Beyond Amazing – The Exhibition will remain on display through the end of the year, with tie-in programming and other special events planned to take place throughout the run. For more information, please visit marvel.com and comic-conmuseum.org.

With purchase of admission, guests can see all the museum's exhibits, including:

- **PAC-MAN Arcade:** PAC-MAN, a neon-lit arcade room featuring one of the most recognized images on the planet, including arcade games, artwork and memorabilia.

- **Dave Stevens and the Rocketeer: Art for Arf' Sake:** In addition to over 40 original covers and pages from The Rocketeer, this one-of-a-kind exhibit will also feature Stevens' early works, his artwork for Comic-Con, animation storyboards, and other uniquely designed props and pieces.



"Spider Man" comic books have been thrilling and entertaining readers for many years with different villains and storylines.

- **Eight Decades of Archie:** a unique exhibition that explores hundreds of artifacts including vintage comic books, animation production materials, priceless pieces of original art and pieces from the WB's popular "Riverdale" series.

The Comic-Con Museum is open daily from 10 a.m. to 6 p.m., with the last entry at 5 p.m. Standard admission, including "Spider-Man: Beyond Amazing – The Exhibition," (adults ages 18+) is \$30; children (ages 4-12) are \$18; seniors (65+), students (13-17) and military are \$24; and group bundles for 10 or more are \$25 per ticket. Tickets can be purchased in advance through Fever: beyondamazingexhibition.com.

The Comic-Con Museum will also honor the world's favorite web-slinging Super Hero as the fourth inductee into its Museum Character Hall of Fame at Night at the Comic-Con Museum – a special event that will take place on Comic-Con's Preview Night, July 20, 2022. The event will include access to the exhibit as well as live entertainment, special guests, food and drink. On Wednesday, July 20, Spider-Man will be recognized for his impact on pop culture. With the generous support and participation of Marvel Entertainment, the event will celebrate the 60th anniversary of Spider-Man. Tickets for the special Hall of Fame event can be purchased at comic-con.museum/night.

Comic-Con Museum is a division of San Diego Comic Convention (SDCC) a California Nonprofit Public Benefit Corporation organized for charitable purposes and dedicated to creating the general public's awareness of and appreciation for comics and related popular art forms, including participation in and support of public presentations, conventions, exhibits, museums and other public outreach activities which celebrate the historic and ongoing contribution of comics to art and culture. In addition to its San Diego convention each summer Comic-Con (the premier comics convention of its kind in the world), SDCC organizes the Anaheim-based WonderCon each spring, and the SAM: Storytelling Across Media symposium in the fall.

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San Diego Teens Solving the City's Biggest Problems

For the first time in two-plus years, Whatever It Takes (WIT) is hosting an in-person event for teens in San Diego. This three-Day Hackathon event takes place from 9 a.m. to 3 p.m., Monday, July 18 through Wednesday, July 20, and is part of the Camp WIT program that is focused on providing teens a chance to use their voices, share their ideas, and make a difference. At past hackathon events, San Diego teens have come up with solutions to homelessness, youth trafficking, education inequity and more.

Currently WIT is accepting applications and interviewing teens for the 50 available spots. The selected teens get the chance to work with local teens to create a solution to a problem facing San Diego. Teens will work together for three days and then pitch their solution to a panel of judges and a chance at \$1000.



Youth trafficking continues to be a concern of students who seek to part of the solution.



At a previous event, students shared in discussion about issues that need innovative ideas.

Participants will also receive certification from UCSD Research Affairs Office of Innovation and Commercialization.

Sarah Hernholm, founder of WIT, shared "We are excited to get teens together in-person at such an inspiring location and give them a chance to share their innovative ideas. These events bring teens from all walks of life together and often their ideas end up getting implemented."

Tuition cost is \$500 and financial aid and scholarships are available. The event is conveniently located by a trolley stop. To learn more, visit <https://www.doingwit.org/>.

This event is being hosted at UCSD Design and Innovation Building in partnership with UCSD Research Affairs Office of Innovation and Commercialization. Sponsors include UCSD Research Affairs and the Office of Innovation and Commercialization.

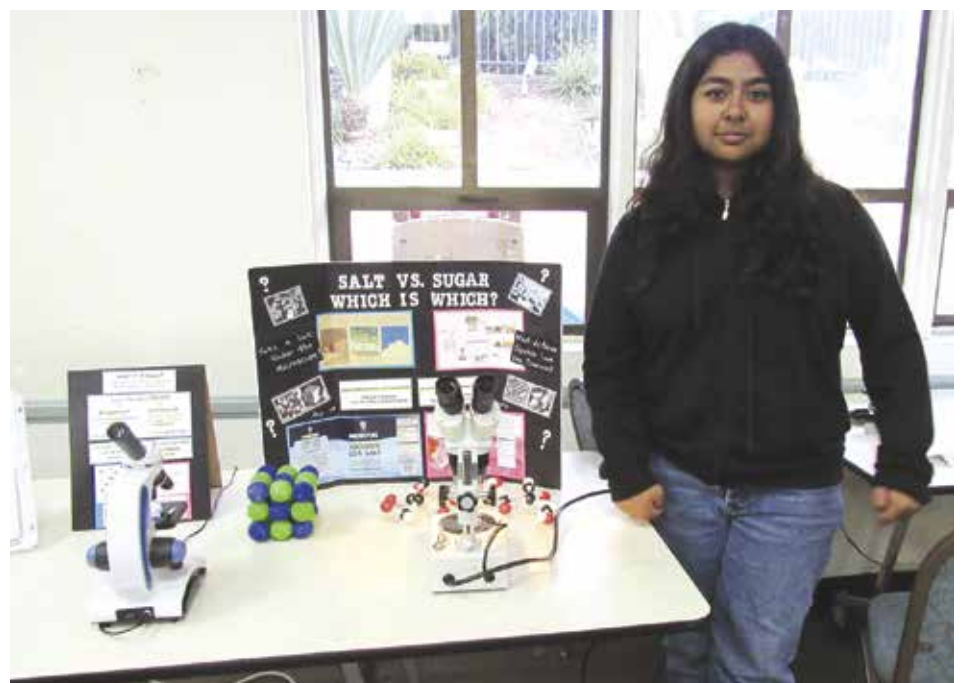
Super Viking Science Night at St. Vincent de Paul School

St. Vincent de Paul School held its 6th Annual Science Night after a two-year COVID-19 hiatus. Students, families, faculty, and alumni marked the special occasion with a Star Wars theme, apropos of the "May the fourth" date. Kindergarten through 8th Grade students explored a range of STEM principles through hands-on activities organized and tended by parents, teachers, middle and high school students.

Participants were given "science passports" to help them navigate each of the stations. Students tested minerals, cracked open geodes, observed crystal structures under a microscope, dug for fossils and learned the science behind sound amplification. Participants planted seeds, enjoyed a Lego robotics demonstration by the St. Vincent's robotics team, made their own thaumatropes and balloon-powered cars, experienced cooking chemistry through Boba ball making and tasting, explored their fingerprints, and learned how holograms and gyroscopes work.



Riley Johnson, 8th grade student, presents her Science Fair Overall winning project, examining fingerprint characteristics, with two six grade students, Nadia Hernandez and Valentina Almodovar.



Gisela Acosta, 7th grade student, assisted participants on the microscopes while they identify structural differences between salt and sugar crystals.

In collaboration with PaintBox Art Studio of Mission Hills, students sewed beanbags and learned the tensile strength of different stitches. Each of the stations provided the scientific principles involved in the experiment and demonstration.

Principal Crockett said of the event, "Our students really look forward to Science Night and we are thrilled we have it back. Science Night highlights our science program as well as the talents, creativity, and collaboration of our student, teacher, and parent community."

St. Vincent de Paul School, established in 1948, provides a Catholic faith-filled, family-based community with a focus on strong academic achievement. St. Vincent's School prepares students for the high school of their choice, the self-confidence and ability to communicate effectively, and a heart for serving others. St. Vincent blends the San Diego Diocesan Curriculum and the California State Framework with Common Core State Standards. For more information visit www.svscatholic.org.

3 Ways to Help Aging Relatives Manage Their Finances

By Rick Brooks



As the average age in America increases and more Baby Boomers retire, the so-called Sandwich Generation (those with school-age or young adult children and aging parents) are finding themselves having to assist both parents and kids simultaneously. Whether it's helping to invest, pay bills or going to medical appointments as a second set of eyes, people are looking for ways to make these tasks easier to manage without taking away the freedom and flexibility of their aging relatives.

Planning ahead is very important. The process of stepping in once incapacity has occurred can be expensive and time consuming under the best of circumstances. Having the documents in place to seamlessly transition from gentle assistance to full-blown management can make a difficult period a lot easier.

In the early stages of assisting relatives, most people will opt for a simple solution like adding a child to an account as a joint owner. This has the advantage of being easy – all you need is a signature or two – and it avoids costly legal fees and complex agreements. However, this approach also has several drawbacks. First, as co-owner of the account, the child can access the funds at any time and take them for his or her own use. The account also becomes available to the joint owner's creditors, whether or not the money was originally theirs. Some accounts, like IRAs, aren't eligible for joint ownership, so you may need a more complex solution

anyway. Finally, when the original account holder dies, the joint account holder automatically inherits the funds, regardless of what the parent's wishes might have been.

Another option is to use a power of attorney (POA); a legal document allowing one person to act on another's behalf (called an "agent"). This can be done through an attorney or by going to a financial institution and signing their power of attorney forms. Using an attorney to create a POA can allow you to act on multiple accounts or assets from banks to IRAs to real estate and business transactions. This provides a lot more flexibility, control and responsibility on the part of the agent. Most importantly, the agent does not become the owner of the assets, which solves a significant drawback of the joint account holder above. A POA is also the only tool that will allow a child to manage retirement accounts for things like ensuring that required minimum distributions get done on time.

Powers of attorney do have drawbacks. When the person who granted the POA expires, so does the power and the agent's ability to act on behalf of mom or dad. Also, some POAs end when the grantor (principal) becomes incapacitated (called a non-durable power of attorney) while others are written to become effective only after incapacity occurs (springing POA). A springing POA requires proof of incapacity which can be a burden to activate it when needed. It's also useless if you need to help your parent before incapacity occurs. A Durable Power of Attorney that is effective immediately when signed is the most flexible option

for helping a relative before and into incapacity.

A Revocable Living Trust is another tool that you can use to assist your parents. Trusts can be created to hold investments, real estate, businesses and most non-retirement assets. Generally, the parents will set up the trust and be the initial trustees. A child can be added as a co-trustee in order to work with the parent to manage assets during life, or as a successor trustee after death or incapacity. The greatest advantage of the trust is that it becomes the owner of the assets and the trustee doesn't have to keep proving that the trust is still valid (as can happen with a POA). In addition, the trust will remain in effect after the death of the parent, allowing the trustee to continue to manage the assets and help organize and settle the estate. The main drawback of a trust is that it can't manage retirement plans (and things like required minimum distributions or qualified charitable distributions) during the account owner's life.

Regardless of which method you ultimately choose, planning ahead is the key to success. Spending a little money up front to work with a qualified attorney and design the right strategy for you can make things a lot easier (and cheaper) in the long run.

This column is prepared by Rick Brooks, CFA®, CFP®. Brooks is director/investment management with Blankinship & Foster, LLC, a financial coach specializing in financial health for physicians and people in or preparing for retirement. Brooks can be reached at (858) 755-5166, or by email at rbrooks@bfadvisors.com. Brooks and his family live in Mission Hills.

Can the State Disregard Voter-Approved Protections for Our Coast?

By Paul Krueger

Let's agree that San Diego needs more housing for our low, very low, and homeless residents.

But plans for a 60-unit, 60-foot-high apartment complex in Pacific Beach should be subject to vigorous debate, and - if appropriate - a legal challenge.

That's because the proposed project is west of Interstate 5, in an area specifically protected from high-rise construction.

This height limit isn't the result of a city staff report or even a city council vote back in 1972. It was actually enshrined by San Diego voters, who cast their ballots in favor of a 30-foot height-limit in numerous areas west of the I-5.

Our city's successful effort to prevent "Miami Beach"-style high rises is also separate from and in addition to the coastal protections approved by a state-wide vote that created the Coastal Commission. Passage of our local ballot measure 50 years ago reflects our city's strongly-help commitment to preserving sight-lines and human-scale construction near our beautiful beaches and bays, from La Jolla south to the border.

But a state agency now claims these protections must yield to a developers' plan for multi-story housing. And our city's Planning Director, Heidi Vonblum, was quick to endorse the state's

position that housing trumps coastal protections, even those ratified by a public vote.

Instead of acknowledging the obvious conflict and the need for public discussion and legal analysis of those competing needs, Vonblum told the Union-Tribune that a local voter initiative "cannot supersede the state Density Bonus Law, which requires the city to grant certain waivers for projects that include affordable housing."

But affordable housing is, of course, not the issue there. Plainly put, the real issue is who has the power to control land-use decisions in specially-protected,

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► Continued on page 12

San Diego Zoo Welcomes Birth of Endangered Ring-tailed Lemur

The San Diego Zoo recently welcomed the birth of a ring-tailed lemur infant at the Zoo's Conrad Prebys Africa Rocks Madagascar Forest habitat. The female infant was born May 22 to first-time lemur mother, Rindra. Wildlife care specialists report the infant is doing very well, nursing properly and gaining weight.

"We are all so excited and honored to have this little lemur in our care," said Yeleny Smith, wildlife care specialist, San Diego Zoo. "She is very inquisitive and developing quickly. And as a first-time lemur mother, Rindra, is doing an excellent job caring for her infant—being very attentive, grooming her and nursing her well." This birth allows San Diego Zoo wildlife care specialists and researchers to continue to learn about this endangered lemur species.

The little lemur, yet to be named, may be seen clinging to her mother's back as the mother moves about the lemur habitat, frequently nursing the infant and then taking time to relax in the sun. The rest of the ring-tailed lemur troop have been very welcoming of the new addition, often helping with grooming the infant, an instinctive social behavior that helps strengthen the social bonds within the troop. Over the next few months, the infant will begin spending more time on her own and will return to her mother to nurse or sleep, until she is weaned around 5 to 6 months of age.

There are more than 100 species of lemurs—all native to the island of Madagascar, and all considered threatened or endangered. The ring-tailed lemur is among the most populous and easily recognized, with its big eyes, woolly fur and long black-and-white ringed tail. Ring-tailed lemurs are mostly active during the day. Unlike other lemurs, they spend more time on the ground than in trees. Ring-tailed lemurs are listed as Endangered on the



The ring-tailed lemur infant and troop may be seen in their habitat at Africa Rocks.

International Union for Conservation of Nature (IUCN) Red List of Threatened Species, primarily due to habitat destruction, hunting and illegal wildlife trade.

San Diego Zoo Wildlife Alliance is committed to saving species worldwide by uniting our expertise in animal care and conservation science with our dedication to inspiring passion for nature.

Zoo guests help with this important conservation work each time they visit the San Diego Zoo, purchase an item or share what they know about wildlife and conservation, allowing San Diego Zoo

Wildlife Alliance to take a step toward its mission of saving wildlife and plants worldwide, and creating a world where all life thrives.

The ring-tailed lemur infant and troop may be seen in their habitat at Africa Rocks. Now through Sept. 5, Nighttime Zoo offers guests the chance to explore the Zoo at night and see an array of wildlife from a different perspective, enjoy live entertainment, discover special culinary treats and more. For more information on Nighttime Zoo and how you can be an ally for wildlife, visit sandiegozoo.org.

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Hercules

Hercules wants to go from "zero to hero" and is willing to "go the distance" to make a good impression on future adopters. Hercules is a five-year old, American pit bull terrier who loves cuddles with his people and always enjoys a nice walk to keep his muscles in shape. This sweet boy has been on quite the journey and is dreaming of calm and relaxing home. His ideal family would be one where everyone is respectful of his space, can read dog body language and is over the age of 12. Hercules likes being an only pet and can't wait to soak up all of your attention.

Hercules currently resides at the Oceanside Campus of the San Diego Humane Society, located at 2905 San Luis Rey Road in Oceanside. For more information, call (619) 299-7012 or visit www.sdhumane.org.

Notorious P.I.G., also known as Piggie Smalls, is a five-month-old, male, Vietnamese potbelly who is seeking a new pad to settle in and work on his music. (And by music, we mean the cute squeaky sounds he makes when you rub his belly.) This potbellied prince would love to join your farm family for leisurely days digging in mud and soaking up the sun.

Notorious P.I.G. currently resides at the Escondido Campus of the San Diego Humane Society, located at 3500 Burnett Drive in Escondido. For more information, call (619) 299-7012 or visit www.sdhumane.org.

Piggie Small

SPCA

“United by Sport” Mural Features Two San Diego Baseball Legends Friendship of Hoover High alum Ted Williams and Padres Tony Gwynn highlighted

A mural of two San Diego baseball icons was unveiled this past month at Hoover High School. With the message “United by Sport,” the mural depicts Hall of Famers Ted Williams, a Hoover High School alum, and Padres great Tony Gwynn. Although they were generations apart, the two men developed a friendship through their love of baseball.

District leaders joined representatives from the San Diego Padres and Boston Red Sox, artist Jonny Pucci who created the mural, and friends and family members of Tony Gwynn, at the unveiling to reflect on the relationship between the men and the larger role sports can play in social change.

The mural, 16 feet wide by 8 feet high, is featured prominently just steps from Hoover’s Ted Williams Field where the famous alum once played ball.

In his 1966 Hall of Fame acceptance speech, Williams used the opportunity to advocate for the inclusion of Negro Leagues players into baseball’s highest honor. During his playing career, Williams was one of the first Major League players to call for its integration, which didn’t happen until 1947. Williams was one of Tony Gwynn’s heroes, and later, a friend.

“Sports provide the opportunity to learn incredibly valuable life lessons,” said San Diego Unified Board President Dr. Sharon Whitehurst-Payne. “They also allow you to develop lifelong friendships through a common bond. This mural wonderfully captures that essence between two men from different generations and different backgrounds.”

The mural is a bond-funded project from



San Diego Unified Board President Dr. Sharon Whitehurst-Payne spoke of the friendship between Ted Williams and Tony Gwynn.

San Diego Unified. Artist Jonny Pucci is a San Diego local who has created works related to the American civil rights movement and other historic moments across the world.

The mural was created by Disorganized Depictions, an agency focused on creating social impact through large-scale murals that also works with schools to teach students how

to paint murals and learn real-world career skills including sales, marketing, and design.

To help mark the mural’s unveiling, the San Diego Padres provided free tickets for each player and coach from Hoover High’s baseball and softball teams. They were invited to Monday night’s game against the New York Mets at Petco Park.

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Happy Half-Birthday

By Barb Strona



I wonder if I am the only person in the world to celebrate half-birthdays. It is a wonderful way to celebrate yourself with no expectations and no disappointments. Here is why you should do it and how.

Birthdays are a big deal in most families. When we are young, we hope for a party with lots of presents. When we become teenagers, we hope to get something special from a special someone. As adults, we hope for this as well. I had several exciting birthday parties.

One was on a “stream liner train” which made a couple of stops before returning to the original station. There was one which either wasn’t actually my birthday, but some kids thought it was, or one where almost no one came. I remember being mortified. I’m not sure if it was because kids showed up who shouldn’t have or because kids didn’t show up who should have.

Most of the subsequent birthdays are lost to memory. As an adult, I’ve had a couple of really special birthdays: three surprise parties in one year. Two were given by two of my high school English classes despite the vice-principal’s spilling the beans saying, “No parties!” A third was given by a friend. The parties mean less; the birthdays mean less. At least for me they begin to be just another day.

My half-birthdays are different. First, a half birthday is special because only the person who has reached another half year notices or cares. This is an excuse to celebrate oneself. You don’t advertise it or expect anyone to notice. For me, it means wearing pretty underwear. My outer garb is not important, but matching bra and panties are essential. I also must be showered, made up, hair washed and nicely coiffed. I don’t need a beauty parlor or a manicure, but it is an idea I might try next year. A clean car might add to the festivities some year. Beach walks are



Beach walks can be the ideal half birthday celebration.

a lovely way to celebrate.

This day should have some time devoted to something special just for you. I usually take myself to lunch for something I love. For me, a lobster roll or a Wiener Schnitzel chili cheese dog with sauerkraut and onions might be perfect. Then you might look for something you really want. It need not be expensive. One year I purchased a grapefruit knife. I almost never need a grapefruit knife, but when I did and didn’t have one, I was annoyed. Hence, I now have a grapefruit knife. While I rarely buy grapefruit, the knife makes removing the choke from a raw or parboiled artichoke a breeze.

The best part about a half birthday is being whatever age you are and a half! This year I turned 81 and a half. I took myself out to lunch and bought a used book. I thoroughly enjoyed my day. Now it’s fun to be 81 and a half instead of boring plain 81.

Balboa Park Carousel Extends Hours and Celebrates 100th Anniversary

The Balboa Park Carousel is extending its operating hours for the summer season. Throughout the summer, the carousel will be open every day from 11 a.m. to 5:30 p.m. until school resumes on August 26, offering more opportunities to grasp the brass ring. The Balboa Park Carousel follows the San Diego Unified School District calendar and will remain open on weekends and school holidays once school resumes.

The carousel is located at 1889 Zoo Place, and tickets are available for purchase at the carousel ticket booth, \$3 per ride or 4 rides for \$10. The ticket booth accepts cash and debit, credit, and

touchless payments.

The historic Balboa Park Carousel is celebrating its 100th anniversary in Balboa Park this year. On July 25, 2022, the carousel will mark the anniversary on National Carousel Day with free rides and commemorative activities for families.

The Balboa Park Carousel was built in 1910 and is a classic wood, menagerie carousel, featuring 52 original animals. The carousel still runs on its original General Electric motor, and the hand-painted murals, military band organ, and brass ring game are original as well. With the careful care of Carousel Manager Bill Brown and staff, the Balboa Park Carousel is running almost exactly as it did in 1910.

Last year, the Balboa Park Carousel and adjacent Kiddie Ride were designated Historical Resources by the City of San Diego’s Historical Resources Board. In a rare move, the city’s board approved the historical designation under three of six possible criteria: Criterion A: “special element of the City’s historical development”; Criterion C: “excellent example of Golden Age Menagerie Style Carousel”; and Criterion F: “contributing resource to the Balboa Park Historic District.”

A pinto horse is one of many wooden, hand painted, animals that are on the carousel.



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Celebrating the Simple Pleasures of Summer in Mission Hills

By Dixie Hall, President Mission Hills BID and Owner of DixiePops



The Mission Hills BID started the summer season off at a mid-June summer business mixer, attended by business owners and residents. It was a fun evening hosted by new Associate Member Valentine Viannay, owner of L'Atelier at 2655 Reynard Way in South Mission Hills. Attendees enjoyed the arts and crafts and refreshment offerings at L'Atelier while mixing and mingling. The celebration concluded with a robust raffle thanks to very generous Mission Hills' business owners who provided gifts and gift cards valued at more than five hundred dollars. Thank you raffle donors and participants.

With the 4th of July right around the corner, we know that our favorite restaurants will be full, sidewalks bustling, and happy get togethers with friends and family will take place. These simple freedoms are appreciated more than we could have ever imagined. As you plan your 4th of July celebration, whether it is to meet up with friends or simply enjoy time at home with a backyard bar-b-que, keep in mind everything for a festive holiday weekend begins and ends in Mission Hills – whether it be a nice bottle of wine, a prime piece of meat, a wide array of healthy vegetables or a restaurant reservation – no need to go elsewhere.

Looking beyond the holiday weekend, San Diego Pride announced the return of the annual in-person full capacity San Diego Pride week, including the Pride Parade and Festival. Celebrations take place from Saturday, July 9 through Sunday, July 17. San Diego Pride's Parade and Festival is the fourth largest Pride in the nation and hosted over 350,000 attendees in 2019, prior to the pandemic. Remember Mission Hills in your San Diego PRIDE celebrations as our businesses recognize San Diego's LGBTQ+ communities and the diverse cultural identities and experiences.

We are happy to share that recent requests made by Mission Hills local businesses were reviewed by traffic engineers from the City of San Diego Department of Sustainability and Mobility. The work of the Mission Hills Parking Advisory Committee will result in parking space increases on the 900 block of Fort Stockton Drive, limited time parking changes on Goldfinch Street, and a parking duration study on Dove Street, north of W. Washington. Please know these changes are taking place to increase turn-over on our streets and provide nearby parking for our patrons.

As I have mentioned before, it wasn't until I became involved with the MHBID, that I came to realize how big Mission Hills is – and that I'm not alone. We are creatures of habits and tend to take the same routes to work, to shop, to play. The result is we miss other experiences. Most of us think of West Washington and Goldfinch when we think of businesses and Mission Hills. However, in addition to the well-known businesses on these streets, we have a hidden gem neighborhood of exquisite business on West Lewis Street and a wonderful dining area on India Street known as International



Left to right are Genoveva Romero-Márquez, assistant engineer-civil, City of San Diego, Department of Sustainability and Mobility; and Claudia Brizuela, T.E. senior traffic engineer, City of San Diego, Department of Sustainability and Mobility during a site visit to survey parking space configurations of Goldfinch Street and Fort Stockton Drive

Restaurant Row. Want a sleek Italian Motorcycle? Must have a Fino Grade 20 Panama Straw Fedora Hat? These may also be found on India Street. And our Reynard Way business neighborhood is home to award winning CAKE Bakery and to The Frame Maker a fine custom picture framing destination.

My fellow director on the Mission Hills BID board, Jesse Zmuda, owner of Backbone Floral on Fort Stockton Drive, continues to express how so many of us truly feel, "Small businesses still need your love and support more than ever. Every visit, every share, every purchase, every review, and even just your words of encouragement are needed." Please remember us as you consider where to shop, dine and relax.

There are many different ways to learn more about the Mission Hills BID, its meetings and activities, including our website: MissionHillsBID.com, Facebook: MissionHillsBID, Instagram: @MissionHillsSD and Twitter: MissionHillsSD. If you love our Mission Hills business neighborhood and have ideas and time to help promote it, the Mission Hills BID needs you. Please contact us at MissionHillsBID@gmail.com.

Summer Speakers' Series - Getting to Know You Programs to acquaint us with people and services in Mission Hills/Hillcrest



Fausto and Toni Palafox are long-standing business owners of Mission Hills Nursery.

The Friends of the Mission Hills - Hillcrest/Knox Library are sponsoring a summer speakers' series. Each one will be held in the Community Room of the Library at 6:30 p.m.

Mission Hills Nursery - presented by Toni and Fausto Palafox – takes place at 6:30 p.m., Monday, July 11, 2022

Mission Hills Nursery has grown from a neighborhood nursery to a top player in the garden beauty business in all of San Diego County. By having landscape maintenance service and landscape design and installation service which were also done by original owner, Kate Sessions, the Palafox Family continues to grow with San Diego landscapes. Mission Hills Nursery is thriving - known and loved by families throughout San Diego.

Community members and loyal customers of the nursery are invited to hear an informal presentation about Mission Hills Nursery with time for questions.

Mormon Battalion Historic Site Annual Flag Day Celebration

The 2022 Mormon Battalion Historic Site Flag Day Celebration was held on June 22, 2022. Brent Top, president of the Mormon Battalion Historic Site in San Diego, served as master of ceremonies for this event, which included performances by the Marine Band San Diego, conducted by Gunnery Sargent Megan Harper, and a special musical number, "O America," performed by LiAnatacia Teague and accompanied by JD Dumas.

Present for the day's ceremonies were Honorable Judge Clifford Wallace of the US 9th District Court of Appeals; Retired Superior Court Judge Timothy Towers; Martha Anderson, First Regent of the San Diego chapter of the Daughters of the American Revolution; Holly Shaffner from Honor Flight San Diego; Becky Davies, communications director of the San Diego Communications Council; Fred Grand, president of Old Town San Diego Chamber of Commerce, representatives from the Military Order of World Wars, as well as other government, religious, and civic leaders.

Brent Top was generous with his introductions to honor our flag, our country, these honorees, and all who have and all who are serving in the military. The celebration began with the retiring and posting of the colors by the Mormon Battalion Color Guard.

The Pledge of Allegiance was led by Colonel Jody Hanson, United States Marine Corp, retired and the invocation was offered by Jack Shirley, president of the Carlsbad Stake of The Church of Jesus Christ of Latter-day Saints.

The celebration was a landmark year for the Mormon Battalion Historic Site for two important reasons. It is the 175th anniversary of the arrival of the Mormon Battalion in San Diego. And this is the first time that all the honorees at the annual Flag Day commemoration were women.

The theme of the Flag Day celebration was "When Duty Calls," honoring four modern-day heroes who, like the Mormon Battalion women, demonstrated faith, sacrifice, and service when duty called them—both in the military and in life.

Keynote speaker for the event was Professor Robert C. Freeman of Brigham Young University. Freeman spent much of his youth and early adult life in California. He is also an attorney and is a graduate of Western State University College of Law in Orange County and a member of the California Bar Association. He is also a recipient of the Freedom Foundations Valley Forge Award.

Beginning in the year 2000, and in partnership with the Library of Congress National Veteran's History Project, Freeman has



Pictured left to right are Bob Freeman, Winona Ruth Anderson Gunther, Mary Lou Voight and Mary Ann Elizabeth Smith Harrington.

worked tirelessly to help preserve the voices America's veterans however and wherever he can.

He has published eight book works about wartime experiences of veteran's as well as producing several documentaries about veteran experiences particularly of individuals of faith.

Freeman helped with the recognition of the four female honorees, which included sharing their military experiences, providing each of them with a Mormon Battalion medallion, a pin, and a certificate recognizing them as Honorary Members of the Mormon Battalion.

Winona Ruth Anderson Gunther will be 103 on her next birthday. She says that the secret to a long life has been "lots of laughs."

From a very early age, Gunther knew she wanted to serve in the military. She attended boot camp in the Bronx and from there she was sent by train to the U.S. Naval Hospital at Balboa Park in San Diego. After her hospital training, she was sent to the Corona CA Naval hospital where she worked with patients who had malaria and jungle rot.

Gunther saw many Marines and Navy seaman with horrible injuries. Many of the marines injured in the Battle of Iwo Jima were treated at the hospital where she worked.

Although she gained a great deal from her service in the military, it could be said that the most important thing she "gained" from her service was her husband Herb. They had met at a dance in December 1944. Herb Gunther was an athletic specialist in the Navy who helped rehabilitate wounded vets. They were married June 10, 1945—as Ruth says, "a marriage made in heaven.

The war ended and Ruth was discharged in September.

Mary Lou Clough Voight was born and raised in Iowa with All-American values of faith, family, patriotism and service. Education was important to her. She went to school in a one-room schoolhouse

along with her brothers and sisters. She graduated from high school at 16, attended college, and began teaching at 18.

Seeing the military as an opportunity to broaden her horizons, she enlisted in the

► *Continued on page 12*



RSVP

Retired Senior Patrol Volunteers Wanted

The San Diego Police Department's Western Division is seeking additional members for its Retired Senior Patrol Volunteer (RSVP) Team to serve the communities of Mission Hills, Hillcrest, Point Loma, Linda Vista, Ocean Beach, Old Town, Midway, Morena, Harbor-Airport, Liberty Station, and Roseville.



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- Participate in community events
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Volunteers must be at least 50 years of age, in good health, semi or fully retired, and possess a valid California driver's license. There are flexible schedules with a minimum of 3 days per month service.

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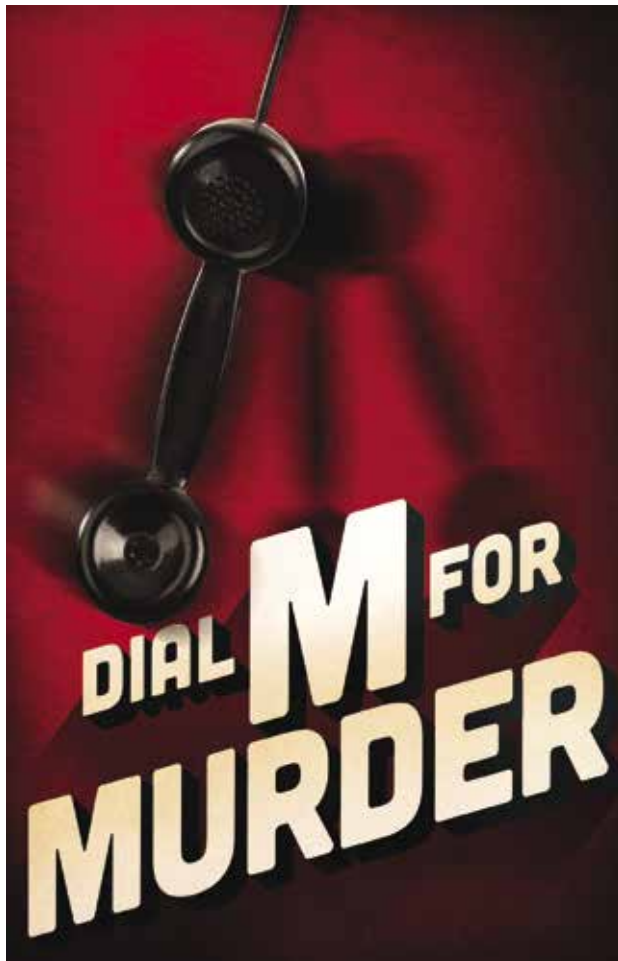
Leave a message to include your name and telephone number or email: bzamost@pd.sandiego.gov

The Old Globe

The Old Globe announced today the cast and creative team for the Globe-commissioned, world-premiere adaptation “Dial M for Murder” by Frederick Knott and adapted by acclaimed playwright Jeffrey Hatcher (“Scotland Road,” “Wait Until Dark”). This modern classic is directed in high style by Globe veteran Stafford Arima (“Allegiance,” “Red Velvet”). Performances begin July 21 and due to popular demand have already been extended by one week through August 28, 2022, with the opening at 8 p.m., Thursday, July 28. The production will play in the Sheryl and Harvey White Theatre (1363 Old Globe Way), part of the Globe’s Conrad Prebys Theatre Center. Tickets are available at www.TheOldGlobe.org.

This is a production of a new version of the celebrated murder mystery that inspired Hitchcock’s masterpiece. Tony is convinced that his wife Margot has been cheating on him. Now it seems that the affair is over, but in his jealousy, Tony spins a web of suspicion and deception that will tighten around them and ensnare them both in danger, recrimination, and murder. The New York Times calls “Dial M for Murder” “a cat-and-mouse waiting game, with enough twists and sudden hitches to keep the chills and thrills running.”

“‘Dial M for Murder’ is one of the great crime thrillers written for the stage, and it really delivers,” said Erna Finci Viterbi Artistic Director Barry Edelstein. “It’s a stylish, smart, and sometimes shocking piece that generates



huge jolts of excitement and suspense, and in Jeffrey Hatcher’s new version, the play is as fresh and immediate as it was when it first premiered. We’re very happy to have the Globe’s good friend Stafford Arima in the director’s chair—his extraordinary imagination will fashion an unforgettable evening of edge-

of-your-seat entertainment. I’ve been looking forward to this production for a very long time, and I can’t wait to share it with San Diego.”

The cast for “Dial M for Murder” features Kate Abbruzzese as Margot Wendice (The Old Globe’s “The Importance of Being Earnest”), Nathan Darrow as Tony Wendice (Showtime’s “Billions,” Netflix’s “House of Cards”), Ruy Iskandar as Lesgate (Broadway’s “Macbeth” at Lincoln Center), Ruibo Qian as Maxine Hadley (The Old Globe’s “Water by the Spoonful”) and John Tufts as Inspector Hubbard (The Old Globe’s “The Taming of the Shrew”).

In addition to director Stafford Arima, the creative team for the Globe’s production of “Dial M for Murder” includes scenic design by Anna Louizos, costume design by Ryan Park, lighting design by Amanda Zieve, sound design by Leon Rothenberg, ight direction and intimacy staging by Rachel Lee Flesher, vocal coaching by Emmelyn Thayer, casting by Caparelliotis Casting, and production stage management by Jess Slocum.

In alignment with the State of California, which has removed mask and vaccine requirements for indoor events, effective March 21, 2022, The Old Globe will not require patrons to provide proof of vaccination or to wear masks while attending shows or events in either our indoor or outdoor venues. However, the theatre still strongly recommends mask-wearing while at the Globe, and patrons should feel comfortable wearing a mask anywhere on our campus if they choose.

Cygnnet Theatre



Karson St. John returns to the role as emcee of “Cabaret.”

“Cabaret,” the eight-time Tony Award-winning musical runs from Wednesday, July 13 through Sunday, August 21 at Cygnnet Theater, located at 4040 Twiggs Street in San Diego Old Town Historic State Park, and features music by John Kander, lyrics by Fred Ebb and book by Joe Masteroff and is directed by Cygnnet’s Artistic Director, Sean Murray.

“Cabaret” depicts the interlocking stories of a cabaret singer, an American writer and the denizens of Berlin, all caught up in the swirling maelstrom of a changing society. In the seamy, sleazy Kit Kat Klub, on the eve of Hitler’s rise to power, almost anything – including love – is possible. This dark, daring and provocative musical was winner of eight Tony Awards including Best Musical, Composer and Lyricist. Based on “The Berlin Stories” by Christopher Isherwood.

The show features Karson St. John returning to her role as emcee, for which she won a San Diego Theatre Critics Circle Award in 2011 (Outstanding Lead Performance in a Musical). Coming full circle for St. John who took a

hiatus from acting shortly after playing the Emcee in 2011, reprising this role marks her return to the stage after nearly a decade.

Murray, who also received a San Diego Theatre Critics Circle Award in 2011 for “Cabaret” (Outstanding Direction of a Musical), said “‘Cabaret’ is the innovative 1966 inspiration for all concept musicals. Through several revivals it has adapted and morphed over the years and remained a visceral warning as to the subtleties and dangers of rising extremism. Famous for its brilliant score, it is both entertaining and thought-provoking, qualities Cygnnet values in the plays we choose for our audience. I have returned to this show again and again over the years and each time it reveals new insights and perspectives. I truly love this musical.”

The talented cast features Wil Bethmann as Cliff, Marc Caro as Victor, Megan Carmitchel as Sally Bowles, Trevor Cruse as Bobby, Luke H. Jacobs as Max, Jasmine January as Fräulein Kost, Linda Libby as Fräulein Schnieder, Gerry Tonella as Ernst Ludwig, Eddie

► Continued on page 12

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Mission Hills Red Bungalow

By Lauren Carter

Please help us preserve and protect the iconic red bungalow (formerly Maison En Provence) at 820 Fort Stockton! This beloved duplex home is the heart and soul of downtown Mission Hills and one of the most recognized historic structures in the neighborhood. It seems everyone has a special memory about the beautiful French shop, the Mission Hills Pet Shop before that, or the original family home built in 1912. Mission Hills Heritage has submitted a letter to the City of San Diego's Development Services Department (DSD) supporting historic designation and preservation of the building on its current site.

A developer has recently purchased the property and will be seeking a permit to demolish the bungalow in order to construct

67 units of housing. A historical technical resources report has been prepared by the developer's consultant and submitted to the City's DSD. The report found the bungalow is indeed eligible for historic designation under local Criterion C and Criterion D. It is unique in its original construction and use as a duplex and embodies the defining characteristics of a Craftsman Bungalow. The duplex was constructed by McFadden & Buxton and likely designed by Master Architect William Henry Wheeler.

What can you do to help? If the developer

chooses to move forward with the permit for 67 units of housing, the project will be forwarded to the Historic Resources Board for review and possible designation. There will be several opportunities for the public to participate in the process. When the time comes, it is important that the community express their support to help save the bungalow.

Also, a committee of Mission Hills residents has formed to help save the red bungalow. Please visit our website for the most up to date information: www.MissionHillsHeritage.org. or email savethelittleredhouse@gmail.com.



Residents of Mission Hills fondly remember when the beloved duplex was the temporary residence of many different animals seeking forever homes.



Previously known as Maison En Provence, this beloved duplex home is the heart and soul of downtown Mission Hills and one of the most recognized historic structures in the neighborhood.

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Can the State Disregard Voter-Approved Protections for Our Coast?

By Paul Krueger

voter approved areas on — and very close to — our coastline.

Public reaction to the state's pronouncement was swift and furious. Bay Ho resident Mark Heinze summarized those concerns in a letter published by Union-Tribune. "To tell us that our voter-approved 30-foot height limit can be ignored... is a sign that the will of the people is not being represented well in Sacramento," Heinze wrote.

Other commentators also noted how additional vehicle traffic generated by residents of more multi-unit housing west of the I-5 will further crowd the already overwhelmed intersections at East Mission Bay Drive and Balboa and Garnet Avenues, and other heavily-traveled corridors that San Diegans from every neighborhood use to access the beach and bay.

Pacific Beach resident Ted Hilton argues that these legitimate concerns are "... a perfect example of the community and local government understanding best what works, rather than a distant state agency and a developer..."

The Union Tribune report also notes that the state's controversial

determination extends to proposed multi-story projects that could be built in all other areas now protected by our local, voter-approved ordinance. This includes portions of University City, Pacific Beach, the Midway District, and South Bay coastal areas within city of San Diego boundaries.

Fortunately, the groups that should take the lead in challenging the state's dictates and make sure this proposed project is subject to public debate are responding. Planning groups and town councils in the P.B. and Mission Beach and Bay areas are now aware of the issue and already discussing possible responses and strategies.

Two experienced land use attorneys say the issue is ripe for a legal challenge, in which the courts would decide if state housing mandates do indeed supersede voter-approved protections. One of those attorneys cited two recent cases in which the courts upheld local control and environmental protections.

These initial responses are a hopeful sign that this very important issue will get the attention it deserves.

► Continued from page 4

Mormon Battalion Historic Site Annual Flag Day Celebration

► Continued from page 9



Brent Top, president of the Mormon Battalion Historic Site in San Diego, served as master of ceremonies for this event.

Marine Corp in July 1951. Basic training was at the Marine Corp Recruit Depot on Parris Island, South Carolina. She was assigned to the Marine Corp Depot of Supply in San Francisco. While in San Francisco, she was tested for Officer Candidate School and received the highest score ever recorded. After completing the Marine Corp Officer Candidate School, she was commissioned a 2nd Lt. She served as a disbursement officer in Cherry Point, NC and then as the assistant inspector instructor at the USMC Reserve Center in Worcester, MA. She married Lt. Wilson Voigt and after being promoted to Captain she was assigned to San Diego. She commanded the Women Marine Company.

She has received numerous awards and certificates of appreciation. She was inducted to the Military Women's Memorial in Washington DC and participated in the 2021 Honor Flight.

After graduating from her small-town Pennsylvania high school, Mary Ann Elizabeth Smith Harrington wanted to do something important in

her life. She didn't want to be like most of the young women she knew who had no ambitions or dreams for anything beyond the narrow world in which they lived. Harrington wanted more than that.

Harrington learned that not everything in life—and in the military—works out the way you want. She joined the Women's Army Corp to become a nurse. During her basic training—which she says she "absolutely loved"—the Korean War broke out. Her desire to be a nurse was thwarted because, with the war, the Army brought in so many registered nurses and doctors who filled all the open medical positions.

After basic training, she was assigned to train as a cryptographer—learning how to code and decode messages. Harrington says this was the beginning of one of the most interesting careers of her life. Army training was a learning ground for Harrington, not just in her new field, but for life.

While stationed in California, Harrington married. At the time the Women's Army Corp was fine with its personnel marrying, but pregnancy would end your Army career. She left active duty to become a mother to two wonderful children.

After her children were grown and then in her 40s Harrington joined the Army National Guard where she rode in tanks, like the women of the Mormon Battalion, braved sandstorms in the desert. She received her rifle certification at Camp Pendleton and ultimately her sharpshooter badge.

Her military service prepared her for dealing with life's challenges in many, many ways. After a successful career in the banking industry, Harrington spends her time today with her two children, 6 grandchildren and 3 great-grandchildren. She turns 91 in July.

Elizabeth Theresa Macres Fishle was unable to attend the ceremonies. She was just released from the hospital after catching COVID on a recent trip to Washington DC to attend the installation of the first woman commandant of the United States Coast Guard—the first woman ever to lead a branch of the military.

In January 1944 Fishle shipped out on a troop train with 11 other women recruits from the west coast headed for Florida where they would process and train. After basic training, Fishle ended up in accounting school in Brooklyn for six months. It was a difficult course and Fishle was the youngest woman in the school. She was assigned to Seattle with the official job classification of 3rd Class Storekeeper, USCG SPAR.

A remarkable woman who has influenced countless lives, Fishle will be 99 at her next birthday.

At the end of the presentations "Walk Tall You Are a Daughter of God" was performed by Olivia Gordon and Rachel Godfrey. They were accompanied by Sister Madelyn Jensen. They all serve at the Mormon Battalion Historic Site.

Cygnnet Theatre

► Continued from page 10

Yaroch as Herr Schultz. The Kit Kat girls are Allen Lucky Weaver, Alyssa Anne Auston, Alyssa Junious, Carolyn Lupin, and Tamara Rodriguez.

The design team includes musical direction by Patrick Marion, choreography by Katie Banville, lighting design by Amanda Zieve, sound design by Evan Eason, costume design by Zoë Trautmann, wig and makeup design by Peter Herman and properties design by Rachel Hengst. The set is based on original designs by Sean Fanning

and brought to life by Associate Scenic Designer Mathys Herbert. The stage manager is Matthew Bantock.

Tickets are on sale now and may be purchased in person at the box office by calling 619-337-1525 or by visiting www.cygnnettheatre.com.

All patrons must adhere to Cygnnet Theatre's Health and Safety protocol. Well-fitting masks are required indoors. Policies are subject to change.

Little Italy Is Alive with Summer Activity

Enjoy Italian cinema under the stars during the Little Italy Summer Film Festival running every Saturday from Monday, July 4 through Saturday, September 3. These amazing Italian films, complete with English subtitles, will make you feel like you're in Italy for the night! Feel free to bring your own picnic, snacks and blanket to enjoy the show. It may be a little chilly in Amici Park, so be sure to bring a light jacket to keep warm. There is a \$10 donation fee required at the door.

The popular ArtWalk Little Italy Summer Series is back. Taking place at the Piazza della Famiglia and the adjacent block of W. Date Street, each one-day show of the ArtWalk Little Italy Summer Series will include thirty select artists exhibiting their stunning works of art. The event will run every other Sunday from 11 a.m. to 5 p.m., including July 10 and July 24, giving locals and visitors incredible opportunities to purchase one-of-a-kind art from local, national, and international artists in a variety of mediums. This event is free.

The Little Italy Association, Convivio and the Italian Cultural Center are proud to partner with the San Diego Padres for the 2022 Italian Heritage Night game on the Padres vs. Twins game on Friday, July 29. Tickets are available for purchase today and attendees will receive a limited edition commemorative San Diego Padres Italian Heritage Night hat. A percentage of the proceeds from this game will



An ArtWalk Little Italy artist (left) speaks with a guest about her artwork.

go back to the Little Italy Association, Convivio and the Italian Cultural Center in support of their work of restoring and honoring Italian traditions and history.

Popular Mezcal Bar and Kitchen Relaunches Weekend Brunch



Tacos and other savory items are offered for weekend brunch. Photo courtesy of Arlene Ibarra.

Just in time for summer, mezcal bar and kitchen Tahona in Old Town, located at 2414 San Diego Avenue, announces the return of its Oaxaca-inspired brunch service, beginning Sunday, June 12 and available thereafter each Saturday and Sunday from 11 a.m. to 4 p.m. Notably, this marks the first time Tahona's once-popular brunch will be served since early 2020 - and now, guests can also enjoy brunch al fresco on Tahona's streetside patio, in addition to the mezcaleria's wanderlust-

worthy dining room and semi-private and private group dining spaces.

Tahona's new brunch menu takes cues from the culinarily-renowned regions of Baja and Oaxaca. Savory highlights include Chef Adrian Villareal's house chilaquiles; Spanish frittata with Iberico chorizo, leeks, organic vegetables and cheese from Chihuahua; smoked adobada turkey burrito with eggs and the carnitas-centric Bruno's burrito; and a selection of tacos ranging from quesabirria to the vegetarian Green Goodness tacos with grilled nopal, creamy leeks and greens on a Tehachapi Heritage Grain Project tortilla.

On the sweeter side of the menu, guests can choose between strawberry shortcake served on a decadent house-made buttermilk biscuit with strawberries, raspberries and vanilla cream, or Tahona's elevated version of French toast: caramelized wild sourdough topped with whipped crème fraîche, bananas, house-made cajeta and cocoa nibs.

Never one to forget the importance of cocktails, Tahona's brunch libations include a prickly pear mimosa; house-blend Bloody Mary with choice of mezcal, tequila or vodka; Tahona's signature Paloma de la Casa with Real de Valle (RDV) tequila, pamplemousse (grapefruit liqueur), fresh grapefruit, lime, and organic agave; and the Carajillo #2 with RDV tequila, espresso and vanilla-flavored Licor 43 from Spain. A selection of wines is also available, as well as San Diego and Mexican beers and cider.

"Old Town has an incredible energy on the weekends and is the perfect spot to spend the day playing tourist, whether you live here or not - but our guests kept telling us that they couldn't find true brunch options in Old Town. So, after a long break these past two years, we decided to reopen on weekend mornings and afternoons and reintroduce this side of Tahona," said Amar Harrag, co-founder of Tahona and its newly formed parent company Be Saha Hospitality Group.

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Curebound Announces \$3.2 Million Raised at Padres Pedal the Cause

On World Without Cancer Day, Curebound, a San Diego-based 501(c)(3) philanthropic organization that raises and invests strategic funding in translational cancer research projects, has announced a record-breaking fundraising year for Padres Pedal the Cause. The signature event, held on April 9th at Petco Park, brought 2,200 participants together in the fight against cancer for one of southern California's largest stand-alone cancer fundraising events, and raised \$3,209,521.00.

Operated in partnership with the San Diego Padres, "Padres Pedal" is San Diego's most impactful fundraising experience with more than \$18 million raised to date to fund 80 innovative research grants in all types of cancer. The event brought together upbeat cycling and running/walking courses and included a welcome message from Mayor Todd Gloria.

"We are blown away by the community's support in helping

make Padres Pedal 2022 the most successful yet," said Anne Marbarger, Curebound CEO. "On World Without Cancer Day, we celebrate advancements in cancer research. San Diego is committed to helping raise much-needed funding to accelerate this work faster and further."

CEO of the San Diego Padres and six-time Pedal participant, Erik Greupner, said "Cancer has impacted so many families within our organization and the San Diego community. The Padres are proud to help raise money for local cancer research and support the effort to find a cure."

All funds raised from Padres Pedal will go towards collaborative cancer research between six local institutions: UC San Diego Moores Cancer Center, Salk Institute, Sanford Burnham Prebys, Rady Children's Hospital, La Jolla Institute for Immunology, and Scripps Research.

Curebound is a San Diego-based 501(c)(3) philanthropic



Curebound's check presentation is shared with (left to right) Doctors Ezra Cohen, Reuben Shaw, and Ze'ev Ronai, and Curebound CEO Anne Marbarger.

organization that raises and invests strategic funding in translational cancer research projects aimed at accelerating new discoveries to clinical application. With over \$23 million raised and invested

into collaborative cancer research, the organization has funded 80+ innovative research projects with 6 clinical trials currently underway. For more information, please visit www.curebound.org.

Lunchtime Lectures for Lifetime Learners at the Mission Hills-Hillcrest/Knox Library



Informative lecturers are taking place at the Mission Hills-Hillcrest/Knox Library.

Hi, Lifetime Learners and Friends, upcoming Lunch 'n' Learns for 2022 will be held the second and fourth Mondays of the month from noon to 1 p.m.

Monday, July 1 Veronica Aponte, Museum of Photographic Arts presents information on two current exhibitions: environmental issues and portrait images.

On Monday, July 25 a speaker for the Alzheimer's Association will discuss "Is it Dementia or Senior Forgetfulness?" The presentation will include basic facts about Alzheimer and what Alzheimer's

San Diego does and can do to help.

Masks are requested even if immunized/full immunization. Considering Covid's latest upsurge, food and drinks will not be served.

If programs are to be cancelled, the Mission Hills-Hillcrest/Knox Library website will post notification on the Friday before the scheduled Monday event.

Two hours of free validated parking is available under the library. Enter from Front Street. Elevator access is available.

Cocktails for a Cause Raises Much Needed Funds

On Sunday, June 5th JULEP, local nonprofit Promises2Kids held their Cocktails for a Cause event featuring the Brighter

Futures Ball Drop - both presented by Carmel Mountain Preschool. Other sponsors who made this event possible include: Prize Sponsor - GEICO, Champagne Sponsor - Crushed, Putting Green Sponsor - SD Homes By Carrie, Photo Booth Sponsor - Lohman & Associates, and Media Partner - Modern Luxury San Diego.

Guests in attendance learned about Promises2Kids' mission to create brighter future foster children, how programs provide critical hope, support, and opportunities to current and former foster youth in San Diego County, and the many ways to get involved. They enjoyed mimosas, food, mini golf, a photo booth, and were presented with a viewing of Promises2Kids' Brighter Futures Ball Drop.



Guests of Cocktails for a Cause included (left to right) Emily Green-Lake, Arianne Bettazzi, Carrie Miller and Kiley Connolly.

The winning golf ball of the \$2,500 cash prize was ball #183 - belonging to supporter, Jamie Oberto.

Thanks to the generosity of the community, \$28,000

was raised to help create a brighter future for foster children in San Diego! For more information, please visit www.curebound.org. To learn more, visit www.Promises2Kids.org

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Birch Aquarium Presents Opening Date for Beyster Family Little Blue Penguins



Little Blues are from Australia and New Zealand, where the climate is surprisingly similar to San Diego.

Birch Aquarium at Scripps Institution of Oceanography at UC San Diego announced July 12, 2022 as the opening date for Beyster Family Little Blue Penguins – the biggest addition to Birch Aquarium at Scripps in 30 years.

Beyster Family Little Blue Penguins follows the world's smallest penguins on their journey from hatchlings to adults, highlighting the challenges they face in a changing climate while celebrating the features that make Little Blues so unique (and adorable).

Little Blue Penguins are the smallest

species of penguin – 10 to 12 inches tall, and weighing just two to three pounds – and are known for their unique blue color, and their big personalities. Birch Aquarium will be the only aquarium in the Western U.S. to house these gregarious seabirds.

“Many people don’t realize that not all penguins live in the ice and snow. Little Blues are from Australia and New Zealand, where the climate is surprisingly similar to ours,” said Kayla Strate, lead penguin aquarist. “We are so proud to be able to bring this species

for the first time to the West Coast.”

The 2,900-square-foot exhibit is named in honor of a \$1 million gift from the Beyster Family – who are long-time supporters of Scripps Institution of Oceanography and Birch Aquarium – and will include an 18,000-gallon pool where guests will observe the penguins socializing, interacting and nest building. The exhibit also includes a small amphitheater for guests to observe birds swimming, and a discovery portal where the aquarium’s youngest guests can get up close to Little Blue Penguins on land and inside their nesting burrows. Upon opening, there will be 15 Little Blue Penguins in the habitat.

“We are so very excited to be adding this amazing new experience to Birch Aquarium at Scripps. The new habitat will allow us to contribute to an international Species Survival Plan and create a fun and engaging guest experience,” said Executive Director, Harry Helling. “Little Blue Penguins will be wonderful ambassadors that can help us to engage our community more deeply and further our mission to connect understanding to protecting our ocean planet.”

Little Blue Penguins are native to the coastal dunes and rocky shores of Southern Australia, Tasmania, and New Zealand and are part of the Association of Zoos and Aquariums’ (AZA) collaborative international program called Species Survival Plans (SSP).

There will be a ribbon-cutting on July 12 when the exhibit opens to the public, as well as special events for members, media and other groups. Behind-the-scenes penguin tours will also be available to the public beginning July 26 with special access for Birch Aquarium members beginning July 19.

Beyster Family Little Blue Penguins is included in the cost of general admission to Birch Aquarium which is \$24.95 for adults and \$19.95 for children ages 3-17. Annual memberships are also available. Advanced reservations are required for all guests, including members. Visit aquarium.ucsd.edu for more information or to make a reservation.

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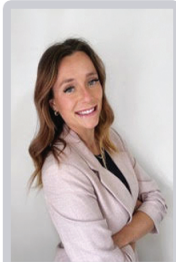
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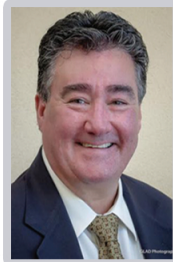
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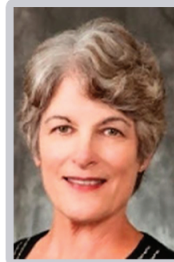
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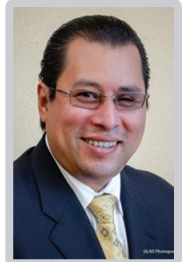
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