

PRESIDIO SENTINEL

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Serving the Heart of San Diego

November | 2021

Dancers Stephanie Maiorano and Tona Gómez perform for Ritmos Latinos

Photo is courtesy of Canela Photography
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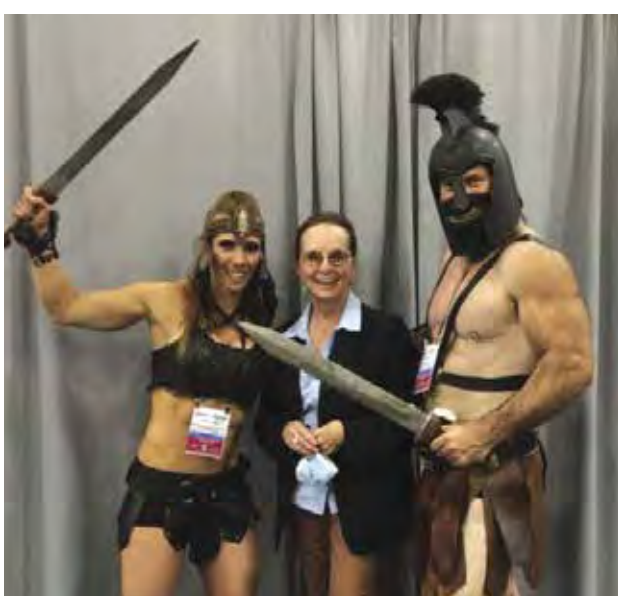
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Featured Events

By Patty Ducey-Brooks



I also missed meeting people who I regard as exceptional human beings. These are entrepreneurs who make the world so much more rewarding and plentiful. During the last show I attended I met some entrepreneurs who impacted me with stories of their challenges,

As we celebrate the season of Thanksgiving, I will be sure to remember the people who I met the past couple of months, and my friends, family and associates who have gifted me with their friendship and love year-round. Happy Thanksgiving.

***Mission Hills Heritage Walking Tour
Saturday, November 13, 2021***

“Mission Hills – Heart and Soul,” Mission Hills Heritage’s 2020 annual walking tour that was cancelled because of the pandemic, has been rescheduled for Saturday November 13 in the Mission Hills neighborhood of San Diego. The guided walking tour will focus on the original subdivision known as “Mission Hills” mapped out by local businessman and developer George W. Marston and colleagues in 1908. This was one of the first subdivisions in San Diego to feature contoured streets that matched the rolling topography of the land. This feature better accommodated a streetcar line, and produced a hierarchy of street widths from thoroughfares to side streets. Conceived as an upscale new development designed to accommodate homes in a naturally harmonious setting, this core area eventually lent its name to the larger neighborhood we now call Mission Hills.

Tour participants will walk past diverse architectural styles from the early 20th century, including Arts & Crafts, Prairie style, Spanish Eclectic and other Revival styles. Homes on this year's route vary in sizes from diminutive bungalows and cottages, to larger four squares,



While not in George Marston's original Mission Hills tract, the walking tour ticket sales and starting point will be the Guymon Mansion on Sunset Blvd.

and the mansion where the tour begins: the Guymon Mansion at 2055 Sunset Boulevard tour guides will share interesting details about the various local builders and architects who designed the homes and the early residents who lived in them. Vintage photos will help tell the story of a neighborhood important to the architectural legacy of San Diego.

Walking tours will depart at 10-to-15-minute intervals from 10 a.m. to 2 p.m. and will last up to 60 minutes each. All attendees are asked to wear masks even though we will be completely out of doors.

Tickets can be purchased in advance through the website www.MissionHillsHeritage.org, and beginning at 9:45 a.m. on the day of the event at the Guymon

Mansion. Advance purchases help us plan the number of docents for the day. Ticket prices are \$15 for MHH members and \$20 for non-members.



Mission Hills Heritage is an all-volunteer, non-profit organization established to protect and preserve the character and charm of the historic Mission Hills community.

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San Diego Ballet Returns for Fall Season with Ritmos Latinos



Dancer Tona Gómez performs for Ritmos Latinos.

San Diego Ballet commences its 2021-2022 fall season with a weekend of shows safely outside in the picturesque Ingram Plaza in Arts District Liberty Station. This year’s annual program is titled Ritmos Latinos, a performance merging Latin rhythms and ballet, will feature two of San Diego Ballet’s audience favorites, “Que Bonito Amor” and “Mambomania.” Audiences will be able to enjoy this incredible merging of cultures during the performance at 2:30 p.m., Saturday and Sunday, November 6 and 7.

“San Diego Ballet is committed to the presentation of work that speaks to our Southern California audiences. Our annual Ritmos Latinos program is just one of the ways we do this,” said Javier Velasco, artistic director of San

Diego Ballet. “These offerings feature ballets set to Latin music in a way that celebrates both the music and the dance equally. We are thrilled to bring back this tradition with two audience favorites.”

Get swept away in the evocative and romantic “Que Bonito Amor” set to rapturous score of Mariachi music. This piece is a valentine to the senses of joy and community that come from the sounds of Mariachi music. One of Artistic Director Javier Velasco’s sizzling signature works, “Mambomania” is set to the music of Velasco’s childhood and danced with a great deal of dynamism.

For more information on San Diego Ballet, visit www.sandiegoballet.org

Warner-Carrillo Stagecoach Rides Relive an Historic Experience

Save Our Heritage Organisation presents the Warner-Carrillo Ranch House stagecoach rides. The annual fundraiser is back this year from noon to 4 p.m., Sunday, November 14 at Warner-Carrillo Ranch House, located at 29181 San Felipe Road, Warner Springs CA 92086, at the S2, a half mile east of the 79 junction. Tickets are \$35 for the general public and can be purchased online in advance at SOHOSandiego.org.

The adventure begins at the historic Warner-Carrillo Ranch House Museum, where the long and multilayered history is there to be discovered. Built in 1857, the ranch house served as the Butterfield Stage stop along the

route that transported thousands of passengers across the United States years prior to the Civil War as California’s first regular overland stage connection with St. Louis. Visitors will learn the story of the emigrant trail, the Overland stage, and the prominent ranching history of the area.

Fall is a beautiful time in the backcountry so come and enjoy this unique, one-of-a-kind experience. The journey along the original trail will take approximately 15 minutes round-trip and includes a guided tour of the ranch house before or after each stage ride, and light refreshments of lemonade and cookies. Live entertainment will

include the Jugless Jug Band, folk duo Nathan and Jessie, the Hole in the Wall Gang, and the Victorian Roses Ladies Riding Society. A raffle for a handmade quilt by local quilter Nan Rebik will take place. She will also be providing demonstrations on

how quilts are made and tied. Visitors may also tour just the ranch house the day of the event and enjoy the fun. Cost is \$5 for adults, \$4 for seniors 65 and older, and \$3 for children 12 and under. For information, call (619) 297-9327.



The general public is invited to experience Warner-Carrillo Ranch House stagecoach rides. Photo is courtesy of Patrice Malloy.

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Where is KnickKnak? Find out next month, he'll be in a new spot!

LAST MONTH'S HOT SPOT! Last month he was at Coronado

Last month KnickKnak was enjoying an early Sunday morning at the Coronado Dog Beach. Did you know from 1900 until 1938, was considered The Del's Tent City. It was a popular camp-style destination for travelers to Coronado Island who couldn't afford to stay in the big hotel. Well we know that has changed. Now it's a bustling city disguised as a town. Home to the famous Hotel Del Coronado, streets lined with beautiful trees welcome people to walk Orange Avenue to enjoy restaurants and shops. On this island, they celebrate the 4th of July and Christmas with a parade as well as host Summer concerts in the park on Sunday afternoons. Or you can escape to the beautiful beaches to lounge. If you're lucky you can see some of the most amazing US Navy jets fly over to their base known as North Island. This town is truly Americana at its best.

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Insuring Your New eBike

By Rick Brooks



During the Pandemic, I've seen more and more people out riding electric bicycles ("eBikes") than ever before. In downtown San Diego, they've become pretty common, as they

do make the hills a lot easier to navigate.

So, I was intrigued recently when we were discussing property and casualty insurance market with our resident specialist and the topic of eBikes came up. As a relatively new kind of vehicle, the laws surrounding eBikes vary from state to state, and so does the insurance coverage available.

What is an eBike? An electric bicycle, or eBike, is a bicycle that is equipped with an electric motor. In California, to qualify as a bicycle (rather than a motorcycle), the motor's output must be less than 1,000 watts and cannot propel the bike faster than 20 miles per hour. But it gets a bit more complicated than that. AB 1096 (and the classifications below?) apply to bikes with motors less than 750 watts.

Class 1 eBikes only receive power from the motor when the operator is pedaling the bike.

Class 2 eBikes, which are same as above but with a throttle, and the motor is capable of propelling the bike independently (without pedals) up to a maximum speed of 20 miles per hour.

Class 3 eBikes are high speed electric bikes. The motor only operates with pedal assistance but can operate up to 28 mph.

The challenge with owning an electric bike is insuring it. An important caveat is that every insurance carrier is different, and many are working to catch up. That said, there are basically four situations where you will need insurance:

My electric bike was stolen. Here, your homeowner's policy is probably not sufficient. Most policies contain per-item limits on personal property (often \$1,000 to



Electric bikes are becoming more common modes of transportation.

\$2,000), so may cover part of the cost of the bike. But electric bikes can be very expensive, so you'll want to review your coverage with your carrier to make sure your homeowners' policy is sufficient.

Someone hit me while I was riding my bike. If the motorist is at fault, their automobile insurance typically will pay for damages to the bike and for any injuries. On the other hand, if the motorist is uninsured or underinsured, it becomes a bit fuzzier. Normally, this is covered under automobile insurance, but it's not clear whether auto policies will cover uninsured motorists in collisions with bicycles. You should check with your insurer whether you would be covered in that situation. Your disability insurance policy should cover lost income (up to policy limits).

I hit someone (or something) with my bike. Here it gets really complicated. Normally, injuries or damage you cause to someone else are covered by your homeowners or renter's policies, and then supplemented by your umbrella liability coverage. Three underwriters our expert spoke with indicated that eBikes would not be

covered by homeowners or renters insurance, though this may vary from company to company.

Some insurers (like State Farm) do cover electronic bikes using motorcycle policies. Other insurers, like Markel and Velosurance offer specific policies just for eBikes. These special policies specifically cover theft, damage, injury, and other situations that may be unique to electric bikes.

So, as you're browsing the bike shops and checking out the new electric bikes, spare a few moments to think about how you'll protect that fancy new toy. It isn't as straightforward as you might hope (yet) and some extra legwork may be involved to ensure (insure?) you're protected if something goes wrong.

This column is prepared by Rick Brooks, CFA®, CFP®. Brooks is director/investment management with Blankinship & Foster, LLC, a wealth advisory firm specializing in financial planning and investment management for people preparing for retirement. Brooks can be reached at (858) 755-5166, or by email at rbrooks@bfadvisors.com. Brooks and his family live in Mission Hills.

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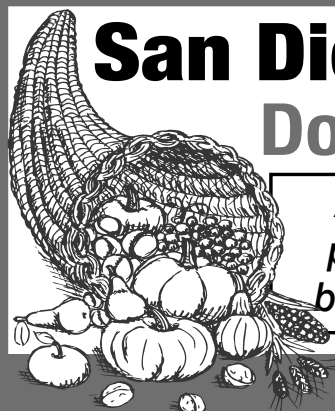
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Four Horses Saved from Severe Neglect



Coco, who was part of a neglect case, is now in the care of Horses of Tir Na Nog.

This past October, thanks to an amazing team of volunteers, Horses of Tir Na Nog was able to help four horses in need through their Adoption Partnership with two counties, San Diego and San Bernardino.

Two mares, Tootsie Roll and Lil' Girl were both rescued from severe neglect by San Bernardino County Animal Care and Control back in July. Tootsie Roll was diagnosed with laminitis, so no one applied to adopt her. It was determined that Lil' Girl's behavioral issues made her unsuitable for adoption to the public.

Petey and Coco were part of an on-going County of San Diego Department of Animal Services neglect case. While both are underweight, Petey is considered emaciated.

"We are proud of our status as an Adoption Partner for both San

Bernardino and San Diego County, although we do not generally receive animals from both agencies on the same day. We are grateful to our volunteers who made the long drive to San Bernardino to pick up the two mares urgently needing placement and then were able to facilitate picking up two additional horses in need here in San Diego County on the way home," explained Amy Pat Rigney, Administrator.

Horses of Tir Na Nog is the longest-operating equine sanctuary in San Diego County and is currently caring for over one hundred equines. Horses of Tir Na Nog is an adoption partner with County of San Diego Department of Animal Services and works in compliance with American Association of Equine Practitioners (AAEP) Rescue and Retirement Guidelines.



Tootsie Roll was rescued from San Bernardino County.

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Skylar

Meet six-year-old Skylar. She is friendly, affectionate, and confident, and likes to make friends and build trust on her own terms. Her favorite things include long walks, cucumbers, carrots and chew toys. Skylar can get excited and jumpy. Because of this, she would prefer to live with adults only. She'll be happiest as the only animal in her next home or, living alongside a dog-savvy cat. She could be the perfect fit for you.

Skylar is residing at the San Diego Campus of the San Diego Humane Society, located at 5500 Gaines Street in San Diego. For more information, call (619) 299-7012, or visit www.sdhumane.org.

This handsome gentleman is Bronco, who is 10-years old. He's got plenty of experience under his collar and is always looking for more. This guy is quite the charmer -- he'll approach friends and strangers alike. Bronco would love a gradual introduction to being home alone. He would do best starting off with some shorter intervals of alone time and slowly working his way up. Because he can be picky about his dog friends, a proper first introduction to other pups is crucial. This sweet, affectionate guy has excellent house manners, loves tennis balls, enjoys going for car rides, and isn't slowing down at his age.

Bronco is residing at the San Diego Campus of the San Diego Humane Society, located at 5500 Gaines Street in San Diego. For more information, call (619) 299-7012, or visit www.sdhumane.org.



Bronco

SPCA

8th Annual Swing with Santa Golf Tournament



Golfers share in a celebratory moment during their golf outing.

St. Madeleine Sophie's Center (SMSC), a nonprofit organization dedicated to educating and empowering individuals with intellectual and developmental disabilities to realize their full potential, will host its 8th Annual "Swing with Santa" Golf Tournament in memory of Don Parent on Friday, November 5, 2021. Guests are invited to join SMSC at the Singing Hills Golf Resort Pine Glen 3-Par Executive Course at Sycuan (3007 Dehesa Road, El Cajon, CA 92019) for a 10:30 a.m. check-in and a shotgun start at noon. Participants can expect a day full of fun, opportunity drawings, games, a golf ball drop, food and drinks, and a visit from Santa.

The "Swing with Santa" Golf Tournament is held annually to help support SMSC's annual Student Appreciation Holiday Celebration. All funds raised from the golf tournament will go towards providing each SMSC student with a \$20 gift card at the celebration later in the year. The celebration will

also feature holiday music, a festive ugly sweater contest, and a visit from Santa for the students to enjoy.

"We are looking forward to returning to the Singing Hills Golf Resort for this year's golf tournament," said Debra Emerson, chief executive officer at SMSC. "We are working hard to help our students as they gradually return to campus. Your participation means supporting students and supporting our programs that help individuals with intellectual and developmental disabilities to realize their full potential."

Golfers are encouraged to dress in their best ugly sweater for a chance to win \$100. Individual golfers can register for \$130 and foursomes can register for \$500. Each foursome includes one (1) golf cart. No experience is necessary to play and clubs will be available for rent. All golfers will receive a round of golf, lunch, and a gift bag. To register or donate, please visit www.swingwithsanta.org.

Tim Flannery & Friends Return to Perform on the Star of India

Home to a world-class collection of historic sailing ships, steam-powered boats, and submarines, each offering entertaining and educational exhibits, Maritime Museum of San Diego announces the return of Tim Flannery and Friends performing a colorful blend of folk, country, traditional music and storytelling Saturday, December 18, 2021. After a tough year of pandemic stress and fears, and overcoming his personal health challenges, Tim Flannery, the beloved former San Diego Padres, MLB broadcaster network show announcer and analyst turned musician and passionate philanthropist will perform his new appropriately-themed concert "Prevail" staged aboard the Star of India; a welcome occasion of celebration for Flannery and his audience of adults 21 and over. Proceeds from this concert are donated to the Maritime Museum of San Diego.

Throughout his baseball career, Tim Flannery had his guitar in hand. His uncle, Hal Smith – hero of the 1960 World Series with the Pittsburgh Pirates –



Tim Flannery is pleased to be performing live for audiences an appropriately-themed concert titled "Prevail."

was one of Flannery's earliest baseball and musical influences. "He was also a songwriter and carried a Gibson J 35 everywhere. I grew up never knowing you couldn't do both."

Flannery writes songs about his family roots, love, and the surrender that comes when you understand some things are out of your control. He writes about baseball and being on the road, the call of the highway, and the beacon of home. He has an ace band, the Lunatic Fringe, which bring his songs roaring to life in various musical genres like bluegrass, country, and rock. Flannery has three World Series Championship rings as a third-base coach with the San Francisco Giants, and he has released 14 albums of original music over the years.

He and his wife, Donna, created the Love Harder Project, a 501(c) 3 non-profit charitable organization dedicated to anti-bullying and funded by proceeds from his performances and public donations. In 2020, Flannery developed a life-threatening staph infection, but after two of the hardest months of his life was able to recover at home with help from his ever-loving family. Now Tim Flannery is healthy and ready to play shows with his band. He is booking shows and writing new songs about his experiences for his 15th album.

VIP concert tickets are \$89.00 with early entrance aboard Star of India to select seats at 6 p.m. and include a delicious holiday appetizer and dessert box plus two complimentary drinks. Drink tickets may be used for two beer/wine beverages or one mixed cocktail beverage. General admission concert guests may board Star of India for the concert starting at 7 p.m. The concert is from 7:30 p.m. to 10 p.m. Concert tickets are \$65.00 for adults 21 and older. Space is limited and early reservations are recommended. Tickets can be purchased at www.sdmaritime.org

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The Pleasures of Age

By Barb Strona



For the past few years it seems that I devote one annual column to age. Before this goes to press, I will turn 81. I can honestly say that so far, this seems to be the best year of my life.

First, I survived the COVID isolation; in fact, I turned it into a huge advantage. I used socialization time for organization and disposal of possessions: throwing out paper and giving away clothing and books. Although I still have far more than I need, but having gone through everything at least once, my heirs can finish the job. In addition to reading a biography in French because I couldn't find it in English -- I found it easier to read than "Mann's Magic Mountain." I read both novels and non-fiction, and I spent hours watching YouTube videos of horses--mostly horses doing dressage.

Dressage is an ancient form of horsemanship which teaches rider and horse to move together in harmony without hurting either one. The first consideration is the horse. He is not ridden until he is fully grown, somewhere between three and five years of age. From birth, however, he is handled, taught good manners, such as how to walk politely on a lead rope without crowding or running over or dragging or being dragged by his human. He learns to stand quietly when tied: to have his feet trimmed or shod, for grooming, being bathed, or examined by a veterinarian or other human. He learns to lunge: a trainer, using voice and body language, stands in the center of an arena or a round pen and teaches the horse to walk, to trot, and to canter in a circle as well as to stop, to turn around, and to approach and back up from him. He learns how to bend his body to



Cassie is Barb Strona's dressage training horse.

increase his suppleness. He also learns to wear a halter, to wear a bridle, and to wear a saddle. All this is done before anyone will ride him.

His training is far more complex than what I have shown, but the goal is to create a horse who can carry himself and eventually a rider using his body to its best advantage, increasing his suppleness and agility, and keeping his body balanced, which allows the muscles to develop as they would have in the wild. The rider learns to use his body to signal

the horse what he should do. It sounds simple; it is not. The dressage horse and his rider must learn a complicated series of subtle signals involving a prodigious memory. The rider needs a strong torso, strong legs and a relaxed body that can follow the horse's movements while giving him the subtle signals to move certain ways, and to carry himself properly. Ultimately, both should feel joy at moving together, and with the horse able to move in the way nature intended him to move.

I give this detail because it is like learning a new language or like learning a new sport in that new language. I rode horses in childhood, but I had a twenty-year hiatus which ended in my mid-thirties. Then I had a forty-year hiatus which lasted until a few months shy of my 81st birthday. After over a year of watching dressage videos, I became obsessed with it. I bought books. I studied and restudied videos. When a neighbor bought a horse, I grew insanely jealous. She suggested lessons.

I went online and somehow found Elizabeth Johnson, a trainer who was willing to take a chance on giving an old lady her first lessons in dressage. I was in horrible shape. I couldn't post; I couldn't sit to a trot; I bounced all over the place. I have a few physical limitations I've had forever: scoliosis, a fused spine, collapsed neck vertebrae, and 80-plus years of living. When I got off the horse, I was a sweaty, exhausted mess. I began going to the gym several times a week to improve my strength and stamina. It helped a great deal.

By lesson six, I could post. I am no longer sedentary after a lesson. Suddenly I feel energized. I leave my lesson, clean the house, rake, and weed and water the yard, and then I bake. I have more energy than I had as a child. Not only am I filled with energy, I am so in love with my lesson horse, my fabulous trainer, and the entire sensation of riding again that I float instead of walk. My attempt to learn a new way to ride is an incredible way to stay young and renew my youth.

Perhaps any new activity might have given me new life; renewing an old passion certainly has been doing the trick. That may be the secret to staying young: have a passion and satisfy it. Even if your health is not what it once was, try to find something you love to do. Maybe you want to read or listen to books you never took time to read. Maybe you want to dictate your memoirs for your grandchildren or children. Maybe you used to love archery or bowling. Whatever it is, discover a way to do what you love.

The next meeting of the Mission Hills Garden Club will be a 6:30 p.m. potluck on Wednesday, November 17 at the United Church of Christ, located at 4070 Jackdaw between Fort Stockton and West Lewis Street. Non-members are invited with a \$5.00 registration fee; members may register with no charge. Bring portable appetizers in bite sized portions to share. Beverages and desserts will be provided. There will be a plant swap as well, and Muddily Clay will have ceramics for sale. Nancy Carol Carter, club historian and co-editor of "The Complete Writings of Kate Sessions" will be signing and selling the book. Masks will be required indoors, regardless of vaccination status.



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Express Your Thankfulness Locally

By Dixie Hall, President of Mission Hills BID and Owner of DixiePops



As president of the Mission Hills BID, I am especially thankful for the generosity of 25 restaurant owners, chefs, caterers, cheese mongers, brewers, baristas, bakers, and ice cream, gelato and popsicle makers who participated in the 9th Annual Taste of Mission Hills on October 13. At DixiePops, I talked with almost everyone we served. Two women told me they were from Del Cerro and make a habit out of coming to as many “tastes” as they can. They claimed Mission Hills has the most diverse selection of foods compared to all the other tastes they attend.

I would like to again offer special recognition to Title Sponsor U S Bank and Trolley Sponsors Harley Gray Kitchen & Bar, La Puerta Mission Hills, and Cardellino. Because of their generosity, The BID was able to maintain its affordable ticket prices and hire three Old Town Trolleys to move over 500 attendees around our hilly neighborhood to enjoy the great offerings from all the participating eateries.

This annual fundraising event provided an opportunity to showcase our businesses by delivering tasters to within steps of every participating venue. The proceeds support the ongoing hard work of the Mission Hills Business Improvement District in the areas of promotions, design, economic development, parking, maintenance and more. We are already busy planning for our 10th Taste in October 2022. If you have suggestions as to how we can improve the event, please let us know at MissionHillsBID@gmail.com.



Shawna Yaley, left, and her daughter, enjoyed lots of food options at Taste of Mission Hills

As 2021 draws to an end, it is more important than ever to support small businesses in Mission Hills with your shopping dollars. Please remind friends and family that small businesses are the backbone of our local economy. Their charm and character enliven our neighborhood. By choosing to dine local, shop local and keep our precious financial resources local we make a difference in whether our local businesses survive and flourish. I continue to be grateful to be part of this vibrant and diverse community.

Thanks to the generosity of hosts Hailey and Merritte Powell, please join me at La Puerta Mission Hills, 4020 Goldfinch Street on Wednesday, November 3, beginning at 4 p.m., for the BID's Annual Meeting and Mixer. In addition to the normal business of the BID, the election of directors and officers to the Mission Hills Business Improvement District board of directors will take place. If you pay a business license fee in our BID, you are eligible to vote. The Mixer will follow from 4:30 p.m. until 6 p.m. Remember local rules for social distancing and mask wearing. Due to the generosity of Mission Hills' retailers, raffle items will be bountiful and will be offered in gift boxes valued at \$125. A chance to win starts at \$10. Cash and credit will be accepted for the raffle.

We also invite you to join us in celebrating the 12th Anniversary of Small Business Saturday, on Saturday, November 27, by kicking off your holiday shopping in Mission Hills. This day is a celebration of small businesses and the positive impact they have on communities



Old Town Trolley provided lots of Taste attendees with rides to Mission Hills' food establishments.

across the country. An average of two-thirds of every dollar (\$0.67) spent at a small business stays in that local community. Your commitment to shopping local for the holidays is an investment in bettering our Mission Hills neighborhood. The BID will help launch the holiday season with delivery of Shop Small Saturday 2021 swag and with local business specials promoted on social media. Follow @missionhillssd on Instagram to make sure you know about all the special offers.

Whether you are a Thanksgiving holiday host or guest, please remember the fine items available at our local retailers. From farm fresh and delicious to prime and organic, every culinary item you may wish for a happy holiday weekend of meals is available right here in Mission Hills. If you need a rest from meal preparations, consider ordering deliciously prepared take-out or enjoy a meal at one of our local Mission Hills restaurants. If you are a guest, there is no better neighborhood of shops in which to find a special and unique hostess gift in every price range.

Again this year I'll be spending Thanksgiving with my family and my wish for you is continuing good health and prosperity.

There are many different ways to learn more about the Mission Hills BID, its meetings and activities, including our website: MissionHillsBID.com, Facebook: MissionHillsBID, Instagram: MissionHillsSD and Twitter: MissionHillsSD. If you love our Mission Hills business neighborhood and have ideas and time to help promote it, the Mission Hills BID needs you. Please contact our executive director Susan McNeil Schreyer at MissionHillsBID@gmail.com



Pizza e Birra epitomized diversity of food with a generous offering of taste samples.

23rd Annual Little Italy Tree Lighting and Christmas Village



Little Italy will feature two Christmas trees during the holiday season.

The Little Italy Association will kick-off the holiday season welcoming back its annual Little Italy Tree Lighting and Christmas Village on Saturday, December 4, from 4 p.m. to 8 p.m. Transforming into a winter wonderland with Christmas twinkle lights down all the streets, Little Italy will be adorned with 10-foot tall nutcrackers on street corners, Christmas carolers and more. Family, friends, neighbors and local businesses are invited to come together to experience true holiday joy at this family-friendly event and enjoy the neighborhood’s festive décor—including two Christmas trees, seasonal vendors, live music and entertainment, holiday treats, tree lighting, and a special visit from Santa you just can’t miss.

“As much as we loved our Little Italy Holiday Special last year, we are so excited about being able to come together and celebrate the holidays this year,” said Chris Gomez, district manager of the Little Italy Association. “We can’t wait to spread more holiday magic and

celebrate with everyone around us.”

The neighborhood will feature two Christmas trees — a 25-foot tree designed by California artist Joshua Hubert, located in the center of Piazza Basilone and the permanent 20’ tall live tree in the Piazza della Famiglia. While Joshua Hubert’s tree will dazzle like a disco ball all day long, the tree lighting will be taking Piazza della Famiglia at 6:30 p.m.

You also don’t want to miss the Christmas Village, located on India Street between W. Cedar and W. Grape Streets, where you’ll find one-of-a-kind stocking stuffers and other holiday goodies from seasonal vendors and select Little Italy Mercato vendors.

For more information about the Little Italy Association or the Little Italy Tree Lighting and Christmas Village visit www.littleitalysd.com.

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“Ebenezer Scrooge’s BIG San Diego Christmas Show”



Cathryn Wake is cast as Ghost of Christmas Present and Robert Joy as Ebenezer Scrooge. Photo is courtesy of Jim Cox.

Based on “A Christmas Carol” by Charles Dickens, “Ebenezer Scrooge’s BIG San Diego Christmas Show” is by Gordon Greenberg and Steve Rosen and runs from Friday, November 19 through Sunday, December 26 at the Old Globe.

San Diego has another show in its Christmas stocking with this fast, funny, and highly theatrical reimagining of one of the most beloved holiday stories ever told. All the traditional elements of Dickens’s “A Christmas Carol” are intact—including the iconic ghosts of Christmases Past, Present, and Future—but with a comic local twist. Audiences of all ages will cheer Ebenezer Scrooge’s rediscovery of the Christmas spirit in this riotous Dickens mash-up filled with music and laughter—all set in “wintery” San Diego.

“Ebenezer Scrooge’s BIG San Diego Christmas Show” will play at the Old Globe in San Diego’s Balboa Park (1363 Old Globe Way).

Tickets will be available online at www.TheOldGlobe.org or by phone at (619) 23-GLOBE (234-5623).

San Diego Repertory Theatre Presents “The Second City: She The People”

“The Second City: She The People” will run from Thursday, November 18 through Sunday, December 5 on San Diego REP’s Lyceum Stage, located at 79 Horton Plaza in downtown San Diego.

After rave reviews and extended engagements in Chicago, Toronto, and Washington DC, “She The People” comes to America’s Finest City. This high-octane show is entirely created, designed, and performed by fearlessly funny females in the world-famous Second City comedy troupe. “She the People” satirizes the reality of being a woman in this wild world. You don’t want to miss this mimosas-and-madness-fueled foray that proudly roasts the patriarchy in a mash-up of sketches and songs that reclaims comedy for everyone! They say laughter is the best form of...well, really most things and the Second City team understands the power of funny in what the “Chicago Tribune” called “empowering entertainment.”

San Diego REP Artistic Director, Sam Woodhouse shared “As soon as we heard that the acclaimed comics from The Second City have created an evening written and performed entirely by women, we signed up for the experience. We couldn’t wait to discover what this group of satirical comedy pros have to say about women in our world today.”

The cast for “She The People” includes Lexi Alioto, Kennedy Baldwin, Katie Caussin, Kazi Jones, Yazmin Ramos, Laurel Zoff Pelton.



“She The People” is directed by Carly Heffernan.

Lexi Alioto will be unavailable for a few performances in the preview process, so will be replaced by Carisa Barreca for those performances.

The writers for “She The People” include Carisa Barreca, Marla Caceres, Katie Caussin, Carly Heffernan, Tien Tran, Lauren Walker and the Casts of The Second City.

For more information, call the box office at (619) 544-1000.

“Always...Patsy Cline” Returns to North Coast Rep



Katie Karel is cast as Patsy Cline.

In a departure from the usual holiday fare, North Coast Repertory Theatre proudly presents “Always...Patsy Cline,” a dramatic musical experience certain to thrill fans of the iconic singer.

Based on the touching story of Patsy’s friendship with Louise Seger, a fan who continued a correspondence with her to the end of her life, this song-filled valentine has garnered enormous success throughout the United States. Enjoy a host of enduring Cline hits including “Crazy,” “I Fall to Pieces,” and “Walking After Midnight.” It begins Wednesday, December 8 and runs through January 2, 2022 at North Coast Repertory Theatre, located at 987 Lomas Santa Fe Drive, Suite D in Solana Beach.

Allegra Libonati directs Katie Karel and Becky Barta. The design team includes Marty Burnett (scenic design), Matthew Novotny (lighting design), Elisa Benzoni (costumes), Peter Herman (hair and wigs), Daniel Doss (music director and keyboard), Scott Harvester (bass), Tim Cook (pedal steel guitar), and Tom Versen (drums).

Call 858-481-1055, or visit www.northcoastrep.org to purchase tickets.

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Rady Children’s Ice Rink Returns for the Holiday Season

Rady Children’s Hospital Auxiliary, Sentre and NTC Foundation welcome the community to celebrate the holiday season with the return of their outdoor ice skating beginning Thursday, November 18, and closing Sunday, January 9, 2022. Located in the Central Promenade at Arts District Liberty Station, all net proceeds from the ice rink will benefit the Thriving After Cancer program at the Peckham Center for Cancer and Blood Disorders at Rady Children’s. Tickets go on sale Monday, November 15.

“Thriving After Cancer is a fantastic program that provides children who are near completion, or have completed, their cancer treatments the tools and education they need to advocate for physical, emotional, nutritional, and practical needs,” said Karry McDannald, president of Rady Children’s Auxiliary. “Everyone who joins come to the ice rink is

helping support a vital resource for hundreds of San Diego families.”

The ice rink will be open Monday through Sunday from 10 a.m. to 10 p.m. November 18 through January 9, 2022, with the exception of Thanksgiving and Christmas Day. Special happenings at the ice rink include Gulls Night, iHeart Rady Children’s Night, Rady Children’s Auxiliary Day and more!

“We are thrilled to bring the Rady Children’s Ice Rink back to Arts District Liberty Station this year,” said Lisa Johnson, President and CEO of NTC Foundation. “The ice rink is something we look forward to every year, and its return kicks off the holiday season by bringing the community together for some holiday cheer while also helping San Diego families dealing with childhood cancer.”

For more information, visit radyfoundation.org/icerink.



Skaters of all ages can enjoy the ice rink at Arts District Liberty Station.

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Father Joe's Villages 'Hope Lives Here' Campaign Surpasses \$16M

United Way of San Diego County Distributes School Supplies

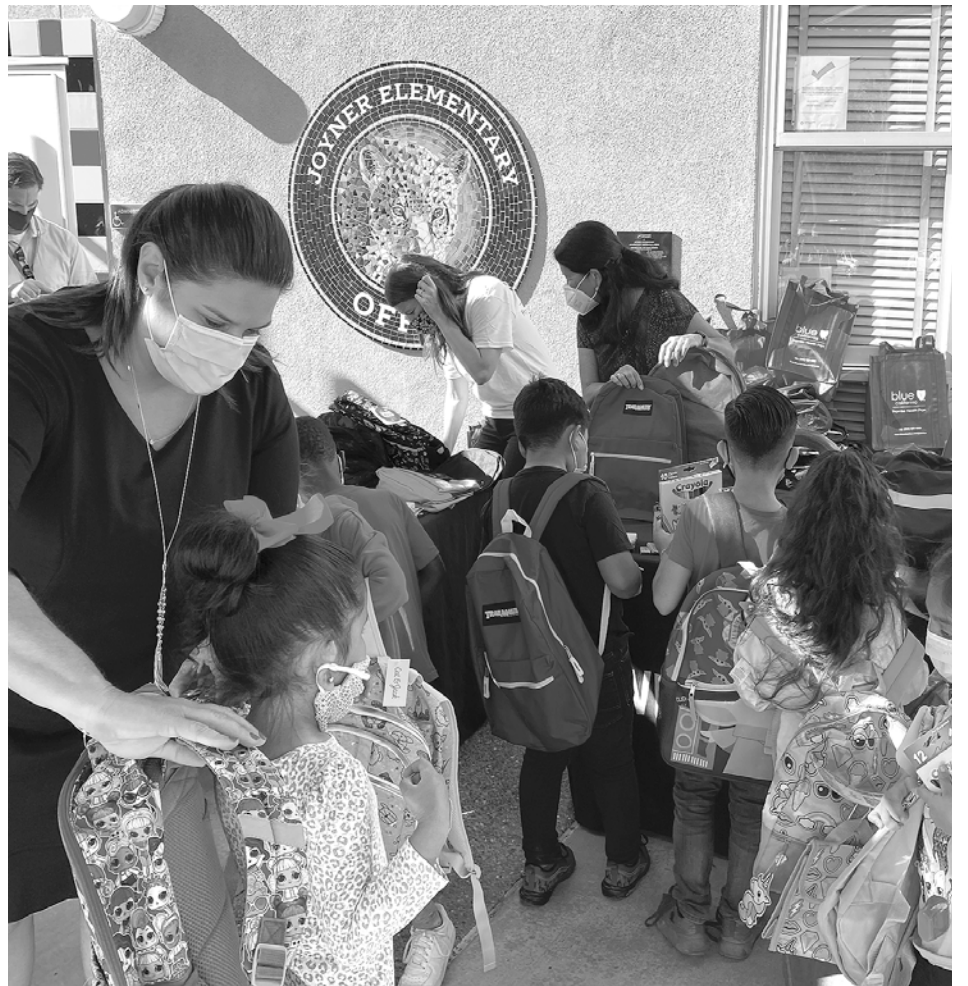
This past October, United Way of San Diego (UWSD), and sponsor Blue Shield California Promise Health Plan, distributed hundreds of school supplies to students and families in need at Joyner Elementary School in City Heights. The day was filled with smiles and excitement when the students went up to choose their backpacks filled with school supplies.

"With San Diego students returning to the classrooms, we are taking an active role to ensure school supplies are available for children in the communities that we serve," says Kristen Cerf, president and CEO of Blue Shield of California Promise Health Plan. "Backpacks and other school supplies are an important part of the school experience, and with many families still affected financially by the pandemic, it's our goal to ensure students have the necessary resources that will help them continue the school year with confidence," added Cerf.

The virtual back to school drive collected enough school supplies and monetary donations to help set up hundreds of local students and their families for a successful school year. In addition, UWSD corporate partner, Takeda, generously donated 200 backpacks in support of students most in need.

"Everyone deserves an equal opportunity to education that includes having what they need to learn," says United Way of San Diego County President and CEO, Nancy L. Sasaki. "It was a wonderful sight to see the students and families walk away with much-needed school supplies to help ensure a successful, fun, and less stressful school year for not only their households, but also our educators working hard to keep our students engaged and prepared all year long."

Many local families still experience the negative effects of the COVID-19 pandemic and may find it difficult to get the school supplies they need for school. The pandemic disrupted the routines of many families in our community, from lost wages to health challenges, the economic stability of families everywhere was tested, and educators and parents became equal partners in the difficult work of teaching our youth. The school supplies UWSD and Blue Shield California Promise Health Plan distributed will not only provide much-needed relief to families in need but also create equal access to high-quality learning



Students from Joyner Elementary School in City Heights were recipients of items collected from a virtual back to school drive.

opportunities to all students, as well as help them meet important educational milestones and ultimately graduate high school on time despite the negative effects of the pandemic.

The public can still make monetary donations directly to UWSD to support the organization's ongoing efforts to ensure students have the tools they need and the stability at home to succeed in school. For more information and ways to give back, visit uwsd.org.

Father Joe's Villages 'Hope Lives Here' Campaign Surpasses \$16M



Father Joe's Villages provides housing for families with shared outdoor gardens.

Father Joe's Villages has raised more than \$16 million in support of its Hope Lives Here Campaign. The Hope Lives Here campaign provides meaningful recognition within Father Joe's Villages' new housing community, Saint Teresa of Calcutta Villa, and funds three critical needs identified by the organization, including, Capital improvements throughout East Village Campus, essential client programs and services, and a legacy fund to support operations long-term.

With the Hope Lives Here campaign, Father Joe's Villages demonstrates its commitment to providing comprehensive

services that address the needs of San Diegans experiencing homelessness, from life-saving shelter and food programs to permanent affordable housing options for those most in need. Increased support will enable the organization to better fund critical needs in other areas of the organization and strengthen available services offered by Father Joe's Villages.

Residents at the organization's newest affordable housing community will have access to comprehensive services, support and integrated behavioral and physical healthcare that will help them maintain

housing long-term, find a quality job and leave homelessness behind for good. The Saint Teresa of Calcutta Villa housing community will open in early 2022.

Saint Teresa of Calcutta Villa's 407 affordable housing units are designed with dignity and respect in mind, including simple and tasteful cabinetry and counters, kitchenettes and private bathrooms. Each floor offers community gathering spaces, several floors have shared outdoor gardens, and the landscaped Father Joe Carroll Memorial Promenade outside beautifies the entire East Village block of 14th and Commercial Streets.

"Through my involvement over more than 20 years, I have seen firsthand how Father Joe's Villages' compassionate and effective services have made a difference in the lives of thousands of people," said Ed Witt, board member and chair of the Hope Lives Here Campaign. "Saint Teresa of Calcutta Villa will bring hope to those who need it most and stands as a proud example of what can be accomplished when public funding and generous private donors work together."

"We are honored to see the outpouring of support for the Hope Lives Here campaign," said Deacon Jim Vargas, president and CEO of Father Joe's Villages. "With the right resources and support, people can and do change their lives, whether it's through a housing community or through comprehensive services. Further support will enable us to better ensure that no one in San Diego sleeps without a roof over their heads."

Parker Foundation Reaches 50th Anniversary of Serving San Diego Nonprofit Organizations

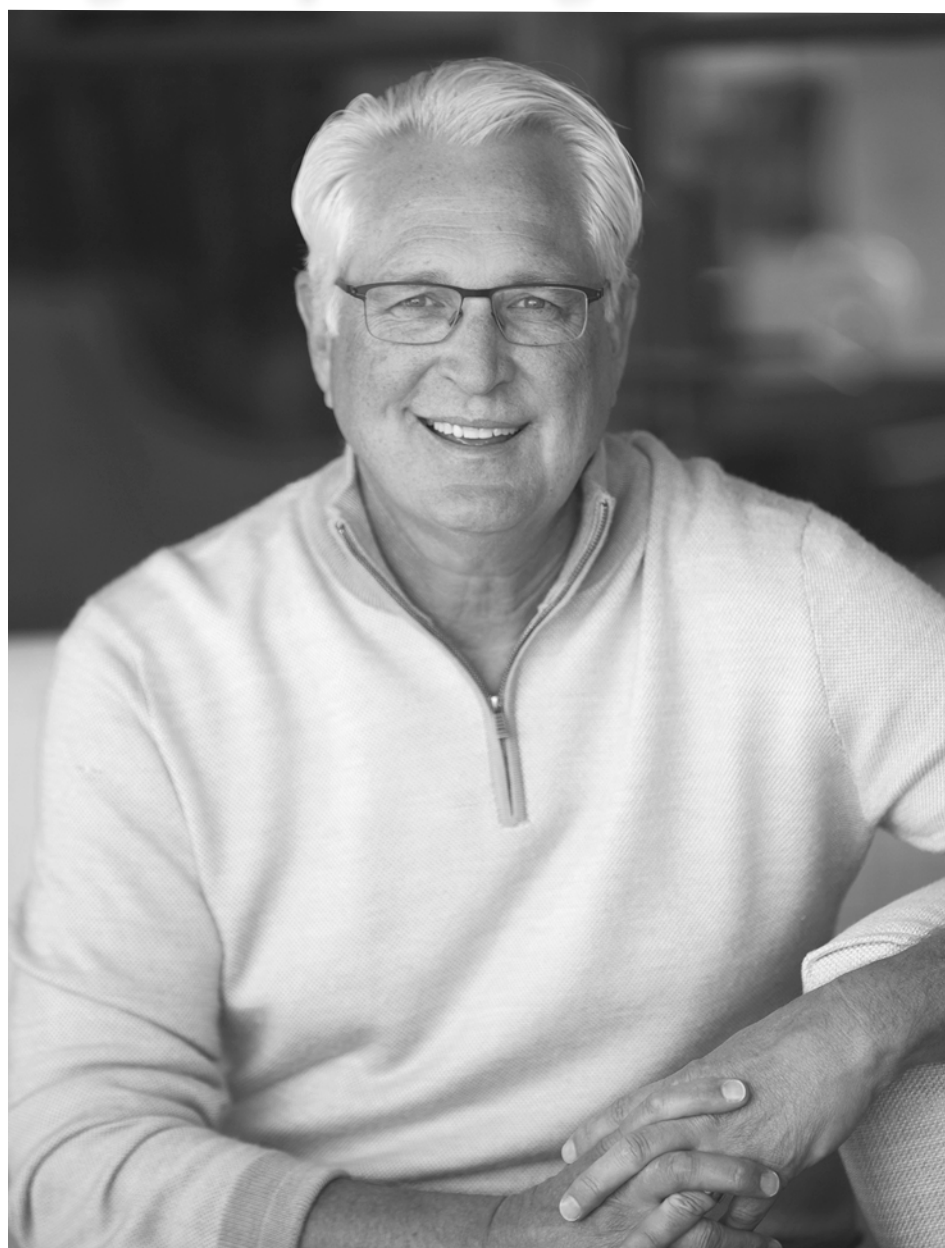
Started by Gerald T. and Inez Grant Parker in 1971, The Parker Foundation is celebrating 50 years of contributing to an expansive list of non-profit organizations with the goal of bettering the lives for all people in San Diego County. The foundation has given more than \$58 million in grants to over 750 organizations throughout San Diego. From the Balboa Park Conservancy to the San Diego Rescue Mission, The Parker Foundation has provided essential funds to some of the county's most beloved establishments, youth programs, homeless outreach and more.

During a recent interview, The Parker Foundation Board President Ray Ellis spoke on behalf of the foundation and the work it has been doing for non-profit groups in San Diego.

According to Ellis, "During the last 50 years, The Parker Foundation has provided over 2,000 grants and over \$58 million to San Diego county organizations. There have been many success stories over the years. Organizations like Voices for Children, Reality Changers and Outdoor Outreach have had a huge impact on assisting youth. Through support from The Parker Foundation, cultural organizations have been able to expand their impact and educational opportunities. We've also responded to crisis situations impacting our community such as the HIV/ Aids Crisis in the 1980s and more recently, the Covid-19 pandemic."

When asked about the organizations that the Foundation has supported, and which has had the most opportunities, due to their purpose and programs, Ellis offered information about the process, "Organizations that The Parker Foundation funds are eligible to submit a new request two years after receiving a grant. Then, it's up to our board members to analyze the specific details of the request including dollar amount and potential impact on the organization and community. During our most recent fiscal year, the foundation funded approximately \$522,000 to cultural organizations, \$686,000 to adult and youth services, \$57,000 to medical causes, \$170,000 to education, \$427,800 to community, equity and miscellaneous projects and \$200,000 to environmental programs."

When asked about where the Parker Foundation hope to be in 50 years, Ellis offered, "Each year the board has an annual retreat where we examine what we've done and how we should move forward. We hope to continue to identify programs and organizations that we can support and therefore create a stronger impact on the community, individuals and families they serve."



The Parker Foundation Board President Ray Ellis also serves on the Neighborhood House Association and is on the Regional Task Force on the Homeless.

San Diego Food System Alliance Holds First Annual Gathering



After releasing its proposed San Diego County Food Vision 2030 report, a 10-year road map for building a more just, sustainable food system in the region, The San Diego Food System Alliance (SDFSFA) hosted its inaugural gathering this past October at Coastal Roots Farm at Leichtag Commons in Encinitas. The all-day, outdoor event featured speakers, interactive sessions, open space for dialogue and networking, and local food, all while providing an opportunity for the San Diego community to come together and share ideas for reimagining how our region grows, produces, eats, moves and shares food.

On site displays were present to explain potential food system concepts.



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Winter Wonderland Fashion Show & Luncheon

The Arc of San Diego is presenting a spectacular philanthropic event taking place this holiday season, Winter Wonderland Fashion Show & Luncheon, which takes place on Friday, December 3 at the Hilton San Diego Bayfront (1 Park Blvd, San Diego, CA 92101). Doors open at 10 a.m. with registration, vendor boutique, and silent auction followed at 12 noon with a luncheon and runway show.

You won't want to miss this amazing runway show presented by Style Personality Leonard Simpson. He is a well-known television style host and has appeared at the Oscar's live on the red carpet with ABC. He is also the creator of Fashion Forward, an internationally known fashion production company.

This magnificent affair features some of the finest trends in style and directly benefits life-changing programs at The Arc of San Diego. The event is chaired by Maria Stanley and her daughters, Mariel Filippone, Malissa Sanfilippo, and Cici Drummond, dedicated local philanthropists and supporters of The Arc of San Diego.

The event is emceed by former TV news anchor Aimee Fuller. Guests also have the opportunity to support The Arc of San Diego while shopping at a vendor boutique and bidding on alluring auction items.

Proceeds help The Arc of San Diego continue providing essential life services such as day training, employment, and residential living services to more than 2,000 children and adults with disabilities. What better way to celebrate the holiday season while showcasing some of the most exquisite attire while raising vital funds for children and adults with disabilities. After all, it is fashionable to be philanthropic.

Don't miss out on this entertaining afternoon of haute fashion and incredible dining for a great cause. To make reservations or for more information, call (619) 685-1175 or email info@arc-sd.com. Tickets are also available online at www.arc-sd.com/winterwonderland.



This magnificent affair features some of the finest trends in clothing styles, perfect selections for the holidays.

For more information on The Arc of San Diego, visit www.arc-sd.com.

A New Historic Park Opens in Old Town San Diego

By Patty Ducey-Brooks



Gabriella Lucidi and Alyssa Delrosario are archeologists who work for California State Parks Service Centers.

This past October, the Grand Opening of Iipay ~ Tipai Kumeyaay Mut Niihepok -Land of the First People took place in Old Town San Diego State Historic Park. Located at the corner of Taylor Street and Juan Street, the 2.5 acre historic site is dedicated to the First People, the Kumeyaay. It celebrates twenty years of visioning

and planning in partnership with the Kumeyaay Nation, state agencies, elected officials and community stakeholders.

During the grand opening ceremony, I learned from two archeologists, Gabriella Lucidi and Alyssa Delrosario, their role in the development of the park and the search for antiquities. Though none were found, they shared the location of an olive oil facility that existed on site in the late 1800s.

The Kumeyaay resided in the area now known as Old Town San Diego, Mission Valley, Presidio Park and Mission Hills; and enjoyed farming, fishing and hunting.



During the grand opening event, numerous speakers and performers were present to celebrate the occasion.

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Top Tech Awards

Eleven of San Diego County's technology innovators were recognized at the 14th annual Top Tech Awards, which honors the region's "unsung heroes" of information technology in the areas of business, education, government and nonprofit organizations.

Cox Business Vice President Duane Cameron and Director, Enterprise Sales Tiffany Markus delivered opening remarks for the virtual event. They were joined by Chris Petersen, Chief Technology Officer, Scientist.com and Judging Chair of Top Tech Awards 2021.

David Henderson, chief information officer for Millennium Health received the Top Tech Executive of the Year award. Jerome Fodor, chief information officer for TOOTRiS received the Top Tech Disruption award and Zeb Evans, founder and chief executive officer for ClickUp received the Cox Business Exemplary Award.

David Grand of Mission Hills was honored for his tech role with the City of Carlsbad, under the government category.

There was a total of 11 category honorees, selected from nearly 200 nominations.

"Now more than ever as we face new ways of working, learning and living, IT departments are critical to an organization's ability to be innovative and agile, and the Top Tech awards recognize those exceptional IT leaders who bring modernization to their teams and our San Diego region," said Duane Cameron, vice president of Cox Business, which has recognized local technology leaders with the awards since 2008.

Honorees for the Top Tech Awards were nominated by their peers and customers and selected by an independent judging panel.



David Grand of Mission Hills was honored for his tech role with the City of Carlsbad.

SDSU School of Music and Dance Presents “Nothing Gold Can Stay”



The SDSU School of Music and Dance ensembles, including the Wind Symphony, Symphony Orchestra, and Choirs, will perform live in concert at the Balboa Theatre. Photo is courtesy of Ken Jacques.

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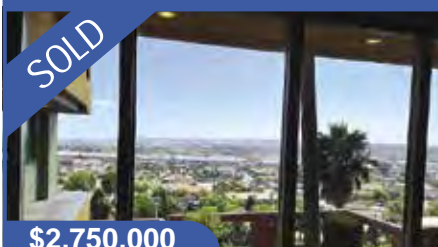


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